

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
<i>Lactiplantibacillus plantarum</i> 299v [†]	43.5 mg ^{††} (10 Billion CFU) [§]

^{††} Daily Value (DV) not established.

Other Ingredients: Potato starch, vegetarian capsule (hydroxypropyl-methylcellulose, water) and magnesium stearate (vegetable source).

Distributed Exclusively by **Jarrow Formulas**[®]

Los Angeles, CA 90035-4317

1-866-459-4154 • www.Jarrow.com

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

NOTE: Color of product naturally varies from white to tan.

‡ Updates based on official taxonomy reclassification.

§ Minimum 10 billion viable cells at time of consumption, under recommended storage conditions and within Best Used Before date.

No Refrigeration Necessary

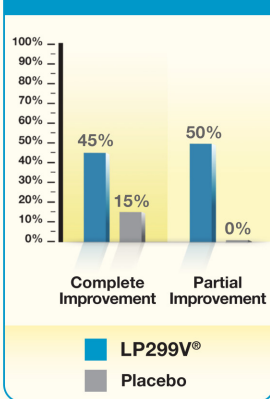
Does not require refrigeration and can be stored at room temperature in cool, dry place. Avoid storage at temperature above 77°F (25°C). Refrigeration, however extends shelf life.

77°F



Dairy-Free • Gluten-Free

Improvement In Intestinal Discomfort[†]



[†] The controlled, double-blind, randomized study by Niedzielin *et al.* evaluating LP299V[®] vs. placebo was done on 40 subjects affected by bloating, gas and intestinal discomfort.*



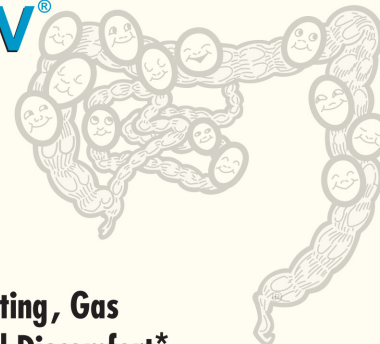
Keep out of the reach of children.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Jarrow
FORMULAS[®]

Ideal Bowel Support[®]

LP299V[®]
L. plantarum 299v



Reduces Bloating, Gas and Intestinal Discomfort*

Supports Regularity*

**Dairy-Free
Gluten-Free**

No Refrigeration Necessary
77°F

**10
BILLION CFU
PER CAPSULE**

30 VEGGIE CAPS PROBIOTIC SUPPLEMENT

Recommended Use: Take 1 capsule 1 or 2 times per day with a meal or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Ideal Bowel Support[®] LP299V[®] contains a clinically-documented, human-origin probiotic strain, *L. plantarum* 299v, that resists stomach acid and bile salts and demonstrated specific adherence properties for colonization of human intestinal mucosa.* *L. plantarum* 299v has been used in human clinical studies for intestinal health and function.*

Strains Matter[™]

Clinically documented **Strains Matter[™]**.



MADE IN CANADA

Keep out of the reach of children.

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Lot #. Best Used Before:

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