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milk thistle

175 mg

helps support healthy liver function*



ACTUAL SIZE



200 CAPSULES

DIETARY SUPPLEMENT



200
CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
Milk Thistle Extract (<i>Silybum marianum</i>) (seed) (standardized to contain 80% Silymarin, 140 mg)	175 mg **

**Daily Value not established.

Other Ingredients: Maltodextrin, Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ANTIOXIDANT SUPPORT*

Milk Thistle seed extract helps maintain healthy liver function by rejuvenating liver cells.* The benefits of this extract are due to antioxidant properties which help fight cell-damaging free radicals in the body.* Free radicals may contribute to the premature aging of cells.*

Directions: For adults, take one (1) capsule three times daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call 1-800-910-6874
094 02 1394 ID201431

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