

USAGE: Take 1 capsule per day with water or juice on an empty stomach or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Jarrow Formulas' GABA Soothe® includes clinically studied ingredients that support focus (naturally fermented GABA), relaxation without drowsiness (Theanine), and resistance to mild stress (Ashwagandha extract).*

Keep out of the reach of children.
Store in a cool, dry place.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

05421GABA PROD # 129044



© 2021 Jarrow FORMULAS®



www.nsfnon GMO.org

Jarrow
FORMULAS



GABA Soothe®

Clinically Studied Ingredients

Supports Focus*
and Relaxation*

30 VEGGIE CAPS



**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Gamma-aminobutyric Acid (GABA) (PharmaGABA®)	100 mg †
L-Theanine	100 mg †
Ashwagandha Extract (<i>Withania somnifera</i>) (Leaf & Root) (Sensoril®)	225 mg †

† Daily Value (DV) not established.

Other Ingredients: Vegetarian capsule (hydroxypropylmethylcellulose, water), maltodextrin, cellulose, magnesium stearate (vegetable source) and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.
PharmaGABA® is a registered trademark of Pharma Foods International of Japan.
Sensoril® is patent protected and a registered trademark of Natreon, Inc.

Lot #: Best Used Before:

APPROX.
FILL LINE
↑