

USAGE: Take 1 capsule up to 3 times per day with a fat-containing meal or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

Co-Q10 (Ubiquinone) is a nutrient that supports the function of mitochondria (the "power factories" within our cells).^{*} Co-Q10 is found in the cells of energy-rich tissues like the heart, and as we age our body's Co-Q10 levels decrease.^{*} As an antioxidant, Co-Q10 helps promote vitality by supporting mitochondrial health and efficient energy production, the health benefits of which support cardiovascular function.^{*}

Keep out of the reach of children.
Store in a cool, dry place.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

Lot #. Best Used Before:

Jarrow
FORMULAS

KANEKA Q10

Co-Q10

**Antioxidant Support for
Mitochondrial Health,
Energy Production, and
Cardiovascular Function***

200 MG

60 VEGGIE CAPS

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Coenzyme Q10 (Ubiquinone)	200 mg †

† Daily Value (DV) not established.

Other Ingredients: Cellulose, vegetarian capsule (hydroxypropylmethylcellulose, water), magnesium stearate (vegetable source) and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

Made in the U.S.A. — Worldwide Ingredients

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