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evening primrose oil

1,000 mg

helps support women's health*
provides 90 mg GLA (9%)

up&up™

ACTUAL SIZE

75 SOFTGELS
DIETARY SUPPLEMENT

BALANCE*

75
SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	1 g	***
Evening Primrose Oil	1,000 mg (1 g)	***
Cis-Linoleic Acid (LA) 730 mg		***
Gamma-Linolenic Acid (GLA) 90 mg		***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Gelatin, Glycerin.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial color, artificial flavor, sodium.

Laboratory tested to meet strict quality control standards for potency, purity and disintegration.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BALANCE*

Evening primrose oil helps provide nutritional support for women.* Evening primrose oil is a source of the important unsaturated fatty acid Gamma-Linolenic Acid (GLA). GLA is a precursor to prostaglandins, action-specific biomolecules that regulate many important functions in cells.* This formula contains GLA standardized to 9% to ensure consistency and quality.

Directions: For adults, take one (1) softgel three times daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? **Call 1-800-910-6874**

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