

Suggested Usage: As a dietary supplement, adults take one (1) packet daily with a meal or as directed by your health care professional. Each packet contains one (1) multivitamin and mineral supplement and two (2) omega-3 softgels.

Metabolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Gluten-free, Non-GMO

This fish oil is in the superior re-esterified triglyceride (rTG) form for optimal absorption. Oil from wild ocean caught anchovy is molecularly distilled to remove contaminants.

KEEP OUT OF REACH OF CHILDREN. For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity)
Tamper Resistant—DO NOT USE IF IMPRINTED SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

†This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured for: Cooper Concepts, Inc.
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Formula #66883-30-2123821 V0121

COOPER COMPLETE®

Healthy Body Pack



Physician
Formulated



for People
On the Go!

Multivitamin & Mineral Supplement
+ High Potency Omega-3 Fatty Acids



30 Individually Wrapped Daily Packets | 30 Servings

Supplement Facts

Serving Size 1 Packet (2 softgels, 1 tablet)
Servings per container 30

	Amount Per Serving	% Daily Value
Calories (energy)	25	
Total Fat	2.5 g	3%**
Cholesterol	5 mg	2%
Protein	<1 g	
Vitamin A (as beta carotene)	600 mcg	67%
Vitamin C (as ascorbic acid)	150 mg	167%
Vitamin D3 (as cholecalciferol)	50 mcg (2,000 IU)	250%
Vitamin E (as d-alpha tocopheryl succinate)	134 mg	893%
Thiamine (as thiamine HCl)	1.5 mg	125%
Riboflavin	2 mg	154%
Niacin (as niacinamide)	20 mg	125%
Vitamin B6 (as pyridoxine HCl)	10 mg	568%
Folate (as Metabolin®, L-5-MTHF)	333 mcg DFE	83%
	(200 mcg L-5-MTHF)	
Vitamin B12 (as methylcobalamin)	400 mcg	16,667%
Pantothenic Acid (as calcium pantothenate)	10 mg	200%
Magnesium (as magnesium oxide monohydrate)	200 mg	48%
Zinc (as zinc amino acid chelate)	15 mg	136%
Selenium (as selenium amino acid chelate)	100 mcg	182%
Chromium (as chromium amino acid chelate)	100 mcg	286%
Total Omega-3 Fatty Acids as rTG (re-esterified triglyceride)	1,400 mg	*
EPA (Eicosapentaenoic Acid) as rTG	720 mg	*
DHA (Docosahexaenoic Acid) as rTG	480 mg	*
Additional Omega-3 Fatty Acids as rTG	200 mg	*
Lycopene (10% lycopene)	5 mg	*

**Percent Daily Values are based on a 2,000 calorie diet
* Daily Value not established

Other Ingredients: Concentrated re-esterified triglyceride (rTG) fish oil (anchovy), capsule shell (gelatin, glycerin, purified water), microcrystalline cellulose, hydroxypropyl cellulose, croscarmellose sodium, natural lemon flavor, vegetable stearate, silica, tablet coating (hypromellose, glycerin, natural vanilla flavor), and a proprietary antioxidant blend (consisting of natural tocopherols (soy), rosemary extract, and ascorbyl palmitate).