

## AMINO ACID PROFILE PER SERVING

|                                                     |         |
|-----------------------------------------------------|---------|
| Alanine (Essential)                                 | 1161 mg |
| Arginine (Conditionally Essential)                  | 709 mg  |
| Aspartic Acid (Non-Essential)                       | 2354 mg |
| Cysteine (Conditionally Essential)                  | 510 mg  |
| Glutamine & Glutamic Acid (Conditionally Essential) | 3990 mg |
| Glycine (Conditionally Essential)                   | 413 mg  |
| Histidine (Essential)                               | 426 mg  |
| Isoleucine (BCAA) (Essential)                       | 1280 mg |
| Leucine (Essential)                                 | 2300 mg |
| Lysine (Essential)                                  | 2481 mg |
| Methionine (Essential)                              | 565 mg  |
| Phenylalanine (Essential)                           | 673 mg  |
| Proline (Conditionally Essential)                   | 1316 mg |
| Threonine (Essential)                               | 1511 mg |
| Tryptophan (Essential)                              | 356 mg  |
| Tyrosine (Conditionally Essential)                  | 668 mg  |
| Valine (BCAA)                                       | 1420 mg |

**PROTEIN** 22g

**CARBS** 7g

**BCAAs** 5g

**GLUTAMINE** 4g

**MAGNUM** **NEW**

# BRAUN

**5 MUSCLE BUILDING PROTEINS**



**VANILLA ICE CREAM DREAM**

NATURALLY AND ARTIFICIALLY FLAVORED

**60**  
SERVINGS  
33g PER SCOOP  
3g / 10%  
OF

Suggested use: Take 1 to 2 servings (1 rounded scoop per serving) 2-4 times per day mixed with 8 oz of water, milk, or your favorite non-dairy beverage.

## Supplement Facts

(Serving Size: 1 Rounded Scoop (33g))  
Servings Per Container: 60

|                            | Amount per serving | % Daily Value |
|----------------------------|--------------------|---------------|
| Calories                   | 143                | †             |
| Total Calories From Fat    | 27                 | 0%            |
| <b>Total Fat</b>           | 3g                 | 4%            |
| Saturated Fat              | 1.5g*              | 8%            |
| Trans Fat                  | 0g                 | †             |
| Cholesterol                | 75mg               | 25%           |
| Sodium                     | 150mg              | 7%            |
| <b>Total Carbohydrates</b> | 7g                 | 3%            |
| Enzymatic Complex Starch   | 4.5g               | 4%            |
| Dietary Fiber              | 0.5g               | 4%            |
| Sugars                     | 2g*                | †             |
| <b>Protein</b>             | 22g                | 44%           |
| Potassium                  | 160mg              | 3%            |
| Calcium                    | 140mg              | 10%           |
| Iron                       | 0.3mg              | 2%            |

\* Daily Value not established. † Percent Daily Values are based on a 2,000-calorie diet.

**INGREDIENTS:** Pepsin Blend™ (Gold Microfiltration Whey Protein Concentrate, Gold Ultrafiltration Whey Protein Concentrate, Tergent® Flow Microfiltration Whey Protein Isolate 96%+, Enzymatically Hydrolyzed Whey Protein Isolate, Egg White Protein Isolate 80%), QuinCarn™ (Purified & Refined Polysaccharides, Inulin, Out Flow, Beet Root Powder, Organic Cane Sugar), Medium Chain Triglyceride (MCT), Crossover™ (Lactase, Biotin, Pepsin, Amylase, Lipase).

**OTHER INGREDIENTS:** Vanilla Powder, Natural and Artificial Flavors, Sodium Chloride, Xanthan, Sunflower Lecithin, Iron Salt, Cellulose Powder. **ALLERGEN INFORMATION:** Contains Milk (20mg), Egg, Soy, Lactose.

Medium Chain Triglyceride (MCT) is a fractionated form of coconut oil containing the fast burning C8 and C10 Acids. Medium chain fat is as well as a natural energy at the gym.

\*Organic Cane Sugar is a pure, unprocessed sweetener that has less impact on your insulin levels and is better utilized by your body than processed sweeteners.



Magnum Nutraceuticals is devoted to integrity in producing the highest quality sports nutrition supplements. Magnum Nutraceuticals only CGMP Certified Good Manufacturing Practices, Site Licensed (Pharmaceutical) Manufacturing facilities to produce our highly advanced, quality formulas. These facilities are Government audited for facility cleanliness and label claims. Because of this, our customers can be sure that every ingredient used is Pharmaceutical Grade and that our formulas will be far more effective in a much shorter period of time. Magnum goes the extra distance to provide the absolute highest quality ingredients possible for every formula and to instill confidence in our clients that Magnum® is the brand to trust.

DIETARY SUPPLEMENT