

Protected with a tamper evident seal. Do not use if seal under cap is broken or missing.
Store in a cool, dry place with lid tightly closed.
Chondroitin Sulfate is derived from bovine, porcine, and/or avian sources.

HOW DOES MOVE FREE WORK?

Move Free Advanced supports 5 signs of joint health:
mobility, flexibility, strength, lubrication and comfort.*

Glucosamine:

Glucosamine is key for the formation of cartilage and supports mobility and flexibility.*

Chondroitin:

Chondroitin is a building block of cartilage that supports joint strength by helping to resist compression in the joint. Chondroitin attracts fluid to your joints to support cushioning and lubrication.*

Uniflex® (or FruiteX-B® Calcium Fructoborate):

Uniflex® is a clinically tested mineral complex that supports joint comfort in as little as 2 weeks*.*

Joint Fluid (or Hyaluronic Acid):

Hyaluronic Acid is the same molecule found in healthy joint fluid that supports joint lubrication and smooth movement.*

Move Free Advanced Plus MSM & Vitamin D3 also provides extra cartilage and bone support.*

Methylsulfonylmethane (MSM):

MSM is a source of sulfur found in the body that is important in the formation of collagen in joints which support the structure of cartilage.*

Vitamin D3:

Vitamin D3 helps maintain healthy levels of Calcium and Magnesium, important minerals that support strong bones.*

FruiteX-B® Calcium Fructoborate is a registered trademark of VDF FutureCeuticals, Inc. FruiteX-B® Calcium Fructoborate is manufactured under US Patent #5,962,049 and pending foreign patents. Used under license from VDF FutureCeuticals, Inc.

* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

1 J Aging Res Clin Prac 2014; 3(4): 223-228

Schiff®



Advanced
PLUS MSM & Vitamin D3
with Glucosamine + Chondroitin

SUPPORTS
5 SIGNS OF
JOINT
HEALTH*

Mobility
Comfort
Strength
Flexibility
Lubrication

PLUS: Extra Bone Support*

80 COATED
TABLETS

DIETARY
SUPPLEMENT

2 PILLS
PER DAY

DIRECTIONS: Adults take two (2) tablets once a day with a meal
OR one (1) tablet twice daily with meals.

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 40

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	<1%*
Vitamin D3 (as cholecalciferol)	50 mcg (2000 IU)	250%
Glucosamine Hydrochloride	1500 mg	†
MSM (methylsulfonylmethane)	750 mg	†
Calcium Fructoborate	216 mg	†
Chondroitin Sulfate	200 mg	†
Hyaluronic Acid	3.3 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: microcrystalline cellulose, coating (hydroxypropyl methylcellulose, modified corn starch, titanium dioxide, polyethylene glycol, magnesium silicate, glycerin), magnesium stearate
CONTAINS SHELLFISH (SHRIMP, CRAB, LOBSTER AND CRAYFISH)
Distributed by: Reckitt Benckiser, Parsippany, NJ 07054-0224
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For Information call: 1-800-526-6251 www.movefree.com
KEEP OUT OF REACH OF CHILDREN.

Not for use by pregnant or breastfeeding women. If on prescribed medication, consult your physician before use. Not suitable for use by anyone under the age of 18 years old.



HEALTH • HYGIENE • HOME

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