



MULTITHERA® 3

MULTIPLE VITAMIN/MINERAL/
TRACE ELEMENT SUPPLEMENT
IRON-AND COPPERFREE

180 TABLETS



Supplement Facts

Serving Size 6 Tablets • Servings Per Container 30

Amount Per 6 Tablets	% Daily Value	Amount Per 6 Tablets	% Daily Value
Vitamin A (86% (4,500 mcg RAE) as natural carotenes (beta-carotene, alpha-carotene and beta-cryptoxanthin) from <i>D. salina</i> and 14% (750 mcg RAE) as vitamin A palmitate)	5,250 mcg RAE 583%	Iodine (from kelp)	150 mcg 100%
Vitamin C (as L-ascorbic acid)	1,200 mg 1,333%	Magnesium (75% as dimagnesium malate and 25% as TRAACS® magnesium bisglycinate chelate††)	200 mg 48%
Vitamin D ₃ (as cholecalciferol)	25 mcg 125%	Zinc (as TRAACS® zinc arginate chelate††)	15 mg 136%
Vitamin E (87% as RRR-alpha-tocopheryl acid succinate, 13% as RRR-alpha-tocopherol)	263 mg 1,753%	Selenium (as L-selenomethionine)	200 mcg 364%
Vitamin K ₁ (67% as vitamin K ₁ (phytonadione) and 33% as vitamin K ₂ (menaquinone-7))	60 mcg 50%	Manganese (as TRAACS® manganese bisglycinate chelate††)	2 mg 87%
Thiamin (as thiamin HCl)	100 mg 8,333%	Chromium (as TRAACS® chromium nicotinate glycinate chelate††)	200 mcg 571%
Riboflavin	50 mg 3,846%	Molybdenum (as TRAACS® molybdenum glycinate chelate††)	150 mcg 333%
Niacin (75% as niacinamide, 25% as niacin)	200 mg NE 1,250%	Boron (as boron aspartate-citrate complex)	2 mg *
Vitamin B ₆ (as pyridoxine HCl)	50 mg 2,941%	Vanadium (as bisglycinate oxovanadium)(BGOV)	100 mcg *
Folate (as Metafolin®‡ calcium L-5-methyltetrahydrofolate)	1,360 mcg DFE 340% (800 mcg)	Inositol	50 mg *
Vitamin B ₁₂ (as methylcobalamin)	200 mcg 8,333%	para-Aminobenzoic Acid	50 mg *
Biotin (D-biotin)	300 mcg 1,000%	Citrus Bioflavonoid Complex (77 mg as citrus bioflavonoid extract (<i>Citrus aurantium</i>)(fruit)(standardized to 50% citrus bioflavonoids) and 14 mg as hesperidin methyl chalcone (derived from <i>Citrus aurantium</i> extract)(fruit))	91 mg *
Pantothenic Acid (as calcium D-pantothenate)	400 mg 8,000%	Natural Mixed Tocopherols (RRR-beta, RRR-delta, RRR-gamma)	8 mg *
Choline (as choline bitartrate)	150 mg 27%	Natural Mixed Carotenoids (lutein and zeaxanthin from <i>D. salina</i>)	100 mcg *
Calcium (87% as calcium citrate-malate complex and 13% as calcium D-pantothenate)	230 mg 18%		

Other ingredients: Microcrystalline cellulose, silicified microcrystalline cellulose, croscarmellose sodium, stearic acid, silicon dioxide, hydroxypropyl cellulose, magnesium stearate, polyethylene glycol coating, and natural citrus flavor.

Manufactured by: SFI USA
Reno, NV 89521
Klaire.com

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your physician before using this product. KEEP OUT OF REACH OF CHILDREN.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, and wheat. Contains no artificial colors, flavors, or preservatives.

*Daily Value not established.

Suggested Use: Adults: 6 tablets daily with food. Children 4 to 14: Take up to 3 tablets daily with food or as directed by healthcare professional. Children less than 4 years of age: As directed by healthcare professional.

†Metafolin® is a registered trademark of

Merck KGaA, Darmstadt, Germany
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Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.



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