



MULTI-VITAMIN COMPLEX

DIETARY SUPPLEMENT

60 VEGETARIAN
CAPSULES



Supplement Facts

Serving Size 1 Capsule • Servings Per Container 60

Amount Per Capsule	% Daily Value	
Vitamin A (50% (750 mcg RAE) as natural carotenes (beta-carotene, alpha-carotene and beta-cryptoxanthin) from <i>D. salina</i> and 50% (750 mcg RAE) as vitamin A palmitate)	1,500 mcg RAE	167%
Vitamin C (as calcium ascorbate and L-ascorbic acid)	120 mg	133%
Vitamin D ₃ (as cholecalciferol)	5 mcg	25%
Vitamin E (as RRR-alpha-tocopherol)	20 mg	200%
Thiamin (as thiamin HCl)	4.5 mg	375%
Riboflavin	5.1 mg	392%
Niacin (as niacinamide)	60 mg NE	375%
Vitamin B ₆ (55% as pyridoxine HCl and 45% as pyridoxal 5'-phosphate)	11 mg	647%
Folate (as Metafolin®† calcium L-5-methyltetrahydrofolate)	680 mcg DFE (400 mcg)	170%
Vitamin B ₁₂ (as methylcobalamin)	18 mcg	750%
Biotin (D-biotin)	300 mcg	1000%
Pantothenic Acid (as calcium D-pantothenate)	30 mg	600%
Choline (as choline bitartrate)	40 mg	7%
<i>para</i> -Aminobenzoic Acid	50 mg*	
Inositol	40 mg*	
Natural mixed tocopherols (RRR-gamma, RRR-delta, RRR-beta)	5 mg*	

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, L-valine, and microcrystalline cellulose.

Manufactured by:

SFI USA

Reno, NV 89521

Klaire.com

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your physician before using this product. KEEP OUT OF REACH OF CHILDREN.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, and gluten. Contains no artificial colors, flavors, or preservatives.

Suggested Use: 1 capsule daily with food or as directed by a healthcare professional.

†Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany 

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.



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