

Suggested use: 1 tablet daily at bedtime or as directed by a healthcare professional. For best results, chew thoroughly before swallowing.

Caution: Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

5078-VLI183-V02F-50

supplement
spot®

Melatonin

Supports restful sleep**
For relief of occasional sleeplessness only

3 mg per serving
Dietary Supplement
50 Chewable Tablets

Supplement Facts

Serving Size 1 Chewable Tablet
Servings Per Container: 50

Amount Per Serving	% Daily Value
Melatonin	3mg*

*Daily Value not established.

Other ingredients: Dextrose, microcrystalline cellulose, vegetable magnesium stearate and silicon dioxide.

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

STORE IN A COOL, DRY PLACE.



**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FORMULATED IN USA

866-285-1998
supplementspot.com

Manufactured exclusively for:
Supplement Spot, LLC
1828 Touby Pike, Kokomo, IN 46901