

USAGE: Take 1 capsule 3 times per day (for a total of 3) with meals to facilitate maximum absorption, or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are taking medications (especially anticoagulants [e.g. warfarin/Coumadin]), trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

BoneUp® 3 Per Day offers many of the same nutrients of regular BoneUp® but in a convenient, 3-capsule formula. BoneUp® is a comprehensive micronutrient formula that provides StimuCal™ MicroCrystalline HydroxyApatite (MCHA) and micronutrients to support bone health.* StimuCal™ MCHA is a natural source of calcium shown to support bone mineral density better than calcium carbonate.* StimuCal™ also provides bone proteins, including type I collagen.* Vitamins D₃ and K₂ (as natural MK-7 from fermentation) work together to support calcium deposition into bones.*

HEALTH CLAIM: Adequate calcium and vitamin D as part of a healthful diet, along with physical activity, may reduce the risk of osteoporosis later in life.

Keep out of the reach of children.
Store in a cool, dry place.



* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

StimuCal™ is a registered trademark of PharmaZen Ltd., and is patent pending.

Lot #. Best Used Before:



3 PER DAY BoneUp®

BONE-HEALTH SYSTEM



- ✓ Supports Bone Density*
- ✓ Provides Skeletal Nutrition*



With Natural Sources of
Vitamin K₂ (MK-7) & Calcium (MCHA)

90 CAPSULES

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% DV
Vitamin C (as Ascorbic Acid)	33.3 mg	37%
Vitamin D (as D ₃ Cholecalciferol)	8.3 mcg (333 IU)	42%
Calcium (Elemental) (from Microcrystalline Hydroxyapatite)	333.3 mg	26%
Magnesium (as Magnesium Oxide)	116.7 mg	28%
Zinc (as Zinc L-Methionine Sulfate)	3.3 mg	30%
Copper (as Copper Gluconate)	0.333 mg	37%
Manganese (as Manganese Citrate)	0.333 mg	14%
Vitamin K ₂ (as Natural MK-7 [Menaquinone-7])	15 mcg	†
Boron (as Boron Citrate)	1 mg	†

† Daily Value (DV) not established.

Other Ingredients: Capsule (bovine gelatin), magnesium stearate (vegetable source) and silicon dioxide.

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

Mineral amounts are elemental.

Actual Capsule Size



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APPROX. FILL LINE
No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.
03121BUTPD
PROD # 104806