High Volume is formulated for PUMP, centered around Arginine Nitrate and L-Citrulline (equivalent Citrulline content of 8g of L-Citrulline-I-malate). As a caffeine-free pre-workout, High Volume can be taken solo, or stacked with a thermogenic product like Alphamine: for a Thermo-Pump Stack!

DIRECTIONS: For users 160 lbs or less, consume 1 scoop mixed in 8 oz of water 30 minutes prior to training. For users over 160 lbs. consume 1-2 scoops mixed in 8-12 oz of water 30 minutes prior to training.

WARNING: This product is only intended for healthy adults 18 years of age or older. Do not use if you are taking erectile dysfunction medication. Do not take additional nitrates in the form of medication or dietary supplements along with this product. Before using this product consult with your physician, especially if you are using any prescription or over the counter medication or if you have or suspect you have any pre-existing medical condition including but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, difficulty urinating due to prostate enlargement or if you are taking a MAOI (Monoamine Oxidase Inhibitor) or any other medication. Discontinue use and consult your health care professional if you experience any adverse reaction to this product. Do not use if pregnant or nursing. Discontinue use 2 weeks prior to surgery. Do not use if safety seal is broken or missing. Shake tub before each use. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





CAFFEINE FREE

LOADED

SCOOPS

· Arginine Nitrate

HIGH VOLUME 'L'Citrulline 'Agmatine Sulfate

Ferulic Acid



SUPREME NITRIC OXIDE MATRIX Hydrimax

BLUE FROST

Naturally & Artificially Blueberry Flavored

DIETARY SUPPLEMENT



Net Wt 8.9 oz (252 g)

Supplement Facts

Serving Size: 2 Scoops (14 g) Servings Per Container: 18

| Amount Per Serving | | % DV |
|--|----------|------|
| /itamin C | 250 mg | 416% |
| Citrulline | 4,000 mg | * |
| Performance Pump Matrix | 3,750 mg | * |
| Taurine, Glycerol 65% (HydroMAX™), Ferula Asafoetida (Root) Extract (95% Ferulic Acid) | | |
| Arginine Nitrate (NO3-T [™]) | 2,000 mg | * |
| Agmatine Sulfate | 1,000 mg | * |
| Daily Value (DV) not established | | |

Other Ingredients: Natural & Artificial Flavors, Citric Acid, Silicon Dioxide, Sucralose, Acesulfame Potassium, FD&C Blue #1, Titanium Dioxide Color

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