SUGGESTED USE: 2 tablets taken 1 to 3 times daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Not to be used by pregnant or nursing mothers or children under the age of 18. If you have a known medical condition or have questions about the advisability of taking this product, consult your physician prior to using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.





supplement Spot®

Healthy Joints

Advanced Multivitamin for Joint Support**

Non-GMO Formula **Dietary Supplement** 90 Tablets

Serving Size 2 Tablets	Servings Per Conta	iner:
Amount Per Serving	%Daily Valu	
Vitamin A (as retinyl acetate)	30 mcg	39
Vitamin C (as ascorbic acid)	1 mg	29
Vitamin E (as d-Alpha tocopheryl acetate)	0.67 mg	49
Thiamin (as thiamine HCI)	1 mg	830
Riboflavin	1 mg	779
Niacinamide	1 mg	60
Vitamin B-6 (as pyridoxine HCI)	1 mg	599
Vitamin B-12 (as cyanocobalamin)	10 mcg	417
Zinc (as amino acid chelate)	0.2 mg	20
Selenium (as amino acid chelate)	20 mcg	36
Copper (as amino acid chelate)	0.1 mg	119
Manganese (as sulfate)	0.32 mg	149
Chromium (as amino acid chelate)	20 mcg	57
Glucosamine Sulfate	1000 mg	*
Chondroitin Sulfate	100 mg	*
New Zealand Green Lipped Sea Mussel	250 mg	*
MSM (methylsulfonylmethane)	800 mg	*
L-Histidine	10 mg	,
Boron (amino acid chelate)	1 mg	,
Alfalfa Leaf Powder	25 mg	*
Yucca Root Extract (29% saponins)	1 mg	*
Devil's Claw Root Powder	1 mg	*
Cetyl Myristoleate	1 mg	,

Cumplement Easte

Other ingredients: Vegetable stearic acid, calcium carbonate, microcrystalline cellulose, croscarmellose sodium, hydroxypropyl methylcellulose, vegetable magnesium stearate and silicon dioxide.

ALLERGEN WARNING: CONTAINS CRUSTACEAN SHELLFISH (SHRIMP AND CRAB) AND SOY.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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