

USAGE: Take 2 tablets 1 to 2 times per day or as directed by your qualified healthcare professional.

NOTE: Consult a healthcare professional before using this product if you are trying to conceive, pregnant, or lactating, under the age of 18, or have a medical condition; if adverse reactions occur, discontinue use.

The adrenal glands produce hormones that underlie the body's mechanisms for coping with physical and mental stress. Factors such as overtraining in athletics and over-reliance on caffeine and other stimulants may tax the adrenals.

Jarrow Formulas® Adrenal Optimizer® combines important nutrients and nutraceuticals that support adrenal health.*

Vitamin C, DMAE and pantothenic acid participate in the synthesis and release of adrenal hormones.* Adrenal Optimizer® works best when combined with adequate rest and sound nutrition.*

Keep out of the reach of children. Store in a cool, dry place.

*** THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**

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PROD # 129032

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Lot #. Best Used Before:



Adrenal Optimizer®

**SUPPORTS ADRENAL RENEWAL*
AND STRESS REDUCTION***

KSM-66®
ashwagandha



120 TABLETS

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size 2 Tablets
Servings Per Container 60

	Amount Per Serving	% DV
Vitamin C (as Calcium Ascorbate)	100 mg	111%
Pantothenic Acid (Vitamin B ₅ as Calcium D-Pantothenate)	250 mg	5,000%
Calcium (as Calcium Phosphate/D-Pantothenate/Ascorbate)	80 mg	6%
Chamomile Flower Complex (<i>Matricaria recutita</i>)	125 mg	†
Shatavari Root Complex (<i>Asparagus racemosus</i>)	100 mg	†
Gotu Kola (Leaf) (<i>Centella asiatica</i>)	100 mg	†
<i>Rhodiola Rosea</i> Root Extract	100 mg	†
Eleuthero Root Extract (<i>Eleutherococcus senticosus</i>)	100 mg	†
Licorice Root Extract (<i>Glycyrrhiza glabra</i>)	100 mg	†
Ashwagandha Root Extract (<i>Withania somnifera</i>)	100 mg	†
Schizandra Extract (Fruit & Seed) (<i>Schisandra chinensis</i>)	80 mg	†
DMAE (from DMAE Bitartrate)	25 mg	†

† Daily Value (DV) not established.

Other Ingredients: Cellulose, calcium phosphate, stearic acid (vegetable source), dextrin, maltodextrin, magnesium stearate (vegetable source) and food-grade coating (hydroxypropylmethylcellulose, glycerin).

Distributed Exclusively by **Jarrow Formulas®**
Los Angeles, CA 90035-4317 • 1-866-459-4154

No wheat, gluten, soybeans, dairy, egg, fish/shellfish, or peanuts/tree nuts.

APPROX.
FILL LINE