



One small tablet once a day

Directions: Take one Folgard® tablet daily. Folgard® Tablets should be taken consistently for optimum benefit.

For adult use only. If you are pregnant, nursing, or taking any medication, consult your healthcare professional (HCP) before use. Consult your HCP if you suspect you are experiencing a side effect.

Keep out of reach of children.

DO NOT USE IF PRINTED SAFETY SEAL IS EITHER BROKEN OR MISSING.

Store in a cool, dry place. Protect contents from light and moisture.

Essential Vitamins to Support Brain and Heart Health.*

Taken daily, Folgard® provides an extra-strength boost of vitamin D3, folic acid, vitamins B6 and B12. This powerful high-potency formula helps maintain both a healthy mind and heart.

D3

*Supports optimal healthy brain function**

Folic acid

*Supports essential body functions, heart, and blood vessels**

B6

*Supports brain function and healthy metabolism**

B12

*Supports the brain, nervous system, and blood**

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

INCLUDES 2000 IU OF D3

DIETARY SUPPLEMENT

FOLGARD® TABLETS

Vitamin D3, Folic Acid,
Vitamins B6 and B12

MIND & HEART ESSENTIALS*



60
TABLETS

UPSHER-SMITH

Pharmaceuticals Since 1919

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Supplement Facts

Serving Size 1 Tablet

	Amount per Serving	% Daily Value
Vitamin D3	2000 IU	500%
Riboflavin	0.32 mg	20%
Vitamin B6 (as pyridoxine hydrochloride)	12 mg	600%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	120 mcg	2000%
Calcium (as calcium phosphate)	40 mg	4%
Phosphorus (as calcium phosphate)	31 mg	4%

Other Ingredients: microcrystalline cellulose, sodium starch glycolate, modified food starch, modified starch, hydroxypropylmethylcellulose, sucrose, stearic acid, titanium dioxide, magnesium stearate, polyethylene glycol, sodium ascorbate, trisodium citrate, medium chain triglycerides, citric acid, silicon dioxide, d,l-alpha-tocopherol, polysorbate 80.

Taste-free, easy-to-swallow tablets
Manufactured to strict quality standards.

Manufactured for
Upsher-Smith Laboratories, Inc.
6701 Everstad Drive
Maple Grove, MN 55369

UPSHER-SMITH

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