



B COMPLEX PLUS

DIETARY SUPPLEMENT

100 VEGETARIAN
CAPSULES



Supplement Facts

Serving Size 1 Capsule • Servings Per Container 100

Amount Per Capsule		% Daily Value
Thiamin (as thiamin HCl)	15 mg	1250%
Riboflavin	17 mg	1308%
Niacin (as niacinamide)	200 mg	1250%
Vitamin B ₆ (as pyridoxine HCl)	20 mg	1176%
Folate (as Metafolin®† calcium L-5-methyltetrahydrofolate)	680 mcg DFE (400 mcg)	170%
Vitamin B ₁₂ (as methylcobalamin)	6 mcg	250%
Biotin (D-biotin)	300 mcg	1000%
Pantothenic Acid (as calcium D-pantothenate)	100 mg	2000%
Choline (as choline bitartrate)	25 mg	5%
Inositol	40 mg	*
para-Aminobenzoic Acid	25 mg	*

*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, and ascorbyl palmitate.

Manufactured by:

SFI USA

Reno, NV 89521

Klaire.com

Caution: If you are pregnant, nursing, have a medical condition, or taking prescription drugs, consult your physician before using this product. KEEP OUT OF REACH OF CHILDREN.

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, and corn. Contains no artificial colors, flavors, or preservatives.

Suggested Use: 1 capsule daily with food or as directed by a healthcare professional.

†Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany 

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.



V803-10
REV200527.02