

FORMULATED IN USA

5078-77A-V08-30PK

866-285-1998
supplementspot.com

Manufactured exclusively for:
Supplement Spot, LLC
1828 Touby Pike, Kokomo, IN 46901



Suggested use: 1 packet daily preferably with a meal or as directed by a healthcare professional.

Caution: Do not exceed recommended dose. This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

Notice: Most people should not experience "Niacin skin flush" when using this product. However a few sensitive individuals may experience some flushing. Do not take on an empty stomach.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

supplement
spot

Essential Prostate Pack

Supports prostate health**
Complete daily multivitamin**

Dietary Supplement
30 Packets

Supplement Facts

Serving Size 1 Packet (3 capsules / 1 softgel / 3 tablets)

Amount Per Serving	%Daily Value	
Vitamin A (as 6% beta-carotene / 33% palmitate)	4,500 mcg	500%
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin D-3 (as cholecalciferol)	15 mcg	75%
Vitamin E (as d-Alpha tocopheryl succinate / acetate)	73 mg	489%
Thiamin (as thiamine mononitrate)	50 mg	4167%
Riboflavin	50 mg	3846%
Niacin (as niacin granular)	10 mg	63%
Vitamin B-6 (as pyridoxine HCl)	53 mg	3088%
Folate (400 mcg folic acid)	670 mcg DFE	167%
Vitamin B-12 (as cyanocobalamin)	100 mcg	4167%
Acid	100 mcg	333%
Pantothenic Acid (as d-calcium pantothenate)	20 mg	400%
Choline (as choline bitartrate)	30 mg	5%
Calcium (as carbonate / dicalcium phosphate / citrate / amino acid chelate / hydroxyapatite / gluconate / lactate / orotate / malate / and succinate)	675 mg	52%
Phosphorus (as dicalcium phosphate)	111 mg	9%
Magnesium (as oxide / amino acid chelate)	350 mg	83%
Iron (as oxide / amino acid chelate)	40 mg	364%
Selenium (as amino acid chelate)	50 mcg	91%
Copper (as gluconate / oxide)	0.45 mg	50%
Manganese (as sulfate)	2 mg	87%
Chromium (as polynicotinate)	50 mcg	143%
Molybdenum (as citrate)	50 mcg	1%
Soybean Complex (from plants)	75 mg	*
Consisting of Bromelain, Papain, Amylase and Lipase)		
Coulture Algae		
Wheat Grass Powder (aerial plant)	500 mg	*
Safflower Powder (flower)	200 mg	*
Acacia	100 mg	*
Inulin	75 mg	*
Chitosan	75 mg	*
Chitosan 50% Complex	50 mg	*
Chitosan Powder (aerial parts)	50 mg	*
Chitosan purpurea Root Powder	50 mg	*
Green tea (96% extract) (dried leaves)	25 mg	*
High-potency Amino Acids	25 mg	*
Polysaccharide Powder (fruit)	15 mg	*
Or 10:1 Extract (aerial parts)	15 mg	*

Other Ingredients: Gelatin (bovine), vegetable mangesium stearate, vegetable stearic acid, glycerin, rice flour, microcrystalline cellulose, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin, chlorophyll, and calcium carbonate), croscarmellose sodium, purified water, and silicon dioxide.

ALLERGEN WARNING: CONTAINS FISH (ANCHOVIES).
Tackling level at time of manufacture.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Servings Per Container: 30

Amount Per Serving	%Daily Value
Apple Pectin (<i>Malus domestica</i>) (fruit)	15 mg *
Chlorophyll (as sodium copper chlorophyllin)	15 mg *
<i>Lactobacillus acidophilus</i>	20 Million CFU *
Octacosanol	15 mcg *
Peat Extract (providing all 72 naturally-occurring trace minerals)	3 mg *
Kelp (thallus)	210 mcg *
Boron (as amino acid chelate)	2027 mcg *
CLA Complex (80% conjugated linoleic acid from safflower oil)	290 mg *
GLA Complex (18.5% gamma linolenic acid from borage seed oil)	262 mg *
ALA Complex (50% alpha linolenic acid from flaxseed oil)	150 mg *
EPA (Eicosapentaenoic Acid / fish oil)	125 mg *
DHA (Docosahexaenoic Acid / fish oil)	100 mg *
Saw Palmetto Powder (fruit berries)	300 mg *
<i>Pygeum africanum</i> Bark (5:1 extract)	150 mg *
Pumpkin Seed Powder	30 mg *
Burdock Root Powder	2.5 mg *
Cayenne Pepper Powder (fruit)	2.5 mg *
Goldenseal Root Powder	2.5 mg *
Gravel Root Powder (<i>Eupatorium purpureum</i>)	2.5 mg *
Juniper Berries Powder	2.5 mg *
Marshmallow Root Powder	2.5 mg *
Parsley Leaf Powder	35 mg *
L-Glutamic Acid HCl	35 mg *
L-Alanine	15 mg *
L-Glycine	315 mg *

42 Fruit & Vegetable Proprietary Blend
Consisting of: Blueberry Fruit, Cranberry Fruit, Grape Seed, Strawberry Fruit, Raspberry Fruit, Pomegranate Fruit, Bilberry Fruit, Alfalfa Leaf, Carrot Root, Beet Root, Broccoli (floret & stalk), Acai Fruit (*Euterpe oleracea*), Chokeberry Fruit, Apple Fruit, Tomato Fruit, Barley (aerial part), Celery Seed, Chlorella, Black Currant Fruit, Apple Pectin Fruit, Maqui Berry (*Aristotelia chilensis*), Grape Skin, Black Cherry Fruit, Artichoke Leaf, Mango Fruit, Pineapple Fruit, Spirulina, Dandelion Root, Wheat Grass Leaf, Green Tea Leaf, Milk Thistle Seed, *Eleutherococcus senticosus* Root, Ashwagandha Leaf, Bing Cherry Fruit, Elderberry Fruit, Goji Berry (*Lycium barbarum*), Graphiti Fruit, Mangosteen Fruit, Spinach Leaf, Tart Cherry Skin, Papaya Fruit and Asian Pear Fruit (*pyrifolia*).

*Daily Value not established.