



Dutch Greens supports an active and healthy lifestyle

Dutch Greens is a unique food supplement. One single serving provides the body with all the essential nutrients it needs to stay healthy. Dutch Greens helps to restore and maintain a neutral pH-value, which is one of the most important conditions for good health and plenty of energy.

Dutch Greens contains a 13:1 extract of certified organic Barley Grass, one of the richest single sources of nutrients on earth and a 100:1 Fruits and Greens extract. One gram of Fruits and Greens equals the nutritional value of one hundred gram of fruits and vegetables!

Dutch Greens contains an Enzyme complex that improves digestive functions, a Lactospore culture for healthy intestinal flora and a Fibre complex for a healthy colon and regular bowel movements. Dutch Greens contains Chlorella and Spirulina with a high percentage of Chlorophyll (energy from sunlight) and over fifty important nutrients. Dutch Greens contains Policosanol to support healthy cholesterol levels and cardiovascular health, Acerola and a powerful concentrated Green Tea extract containing the important EGCG-polyphenol, protecting the body's cellular integrity.

Suggested use: mix one heaping measuring spoon (one 9 gram serving) in water, apple juice or your favorite smoothie. Use a shaker for best results.

Caution: Consult a health care professional before using this product if you are pregnant, nursing or may have an allergy to any ingredient, or if you have any chronic or recurring symptoms or illness.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

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Imported
from
Holland

Supercharge your health with

Dutch Greens™

Dietary Supplement

SUPERIOR FLAVOR

- contains essential nutrients for good health
- restores and maintains a neutral pH-balance
- supports a healthy metabolism and digestion
- supports healthy cholesterol levels
- helps to maintain cardiovascular health

Proprietary Blend of Fruits, Greens
And Other Natural Ingredients

Net weight: 10.6 oz / 300 grams (approx. 30 servings)

Supplement facts

Serving Size: 1 scoop - approx. 9 grams
Servings per Container: Aprox. 30

Amount per serving		% Daily Value*
Calories	37	
Calories from fat	10	
Total fat (from vegetable sources)	1 g	2.5%
Total Carbohydrates	6 g	2.5%
Dietary fiber	2.8 g	11%
Sugars	0.8 g	
Protein	3 g	5%

Ingredients per serving:

Certified organic 13:1 Whole Leaf Barley Grass extract	4230 mg	**
Fiber Complex (apple fibre, apple pectin, micronized wheat germ wheat bran and acacia fibre)	2000 mg	**
Proprietary Fruits and Greens Blend	1150 mg	**
Highly concentrated 100:1 extract from Ginger, Beets, Onions, Sweet Potato, White Potato, Carrots, Peaches, Citrus fruit complex (lemons, limes, oranges, grapefruits), Plums, Raspberries, Cherries, Cranberries, Red Grapes, Blueberries, Strawberries, Pineapples, Apples, Apricots, Red pepper, Eggplant, Elderberries		
Spirulina	700 mg	**
Chlorella (containing 30 mg Chlorophyll per gram)	300 mg	**
Acerola Extract	150 mg	**
Lactospore® Lactobacillus sporogenes (providing 1.35 billion active spores)	90 mg	**
Green Tea Extract (40% catechins contents)	50 mg	**
Enzyme Complex (from fermented rice) (Amylase, lactase, protease, lipase and cellulase)	40 mg	**
Policosanol complex (Hexacosanol, Octacosanol, Triacosanol and Tetracosanol)	30 mg	**

* % of daily value based on a 2000 calorie per day diet.
** Daily reference value not established

Other ingredients: natural flavors