

Suggested use: Take 1 capsule daily with food and water. May take up to 2 capsules daily. Take consistently each day for best results.

Note: If you are pregnant or lactating, consult a healthcare professional before using this product. Store in a cool, dry place. Keep out of reach of children. Do not use this product if the safety seal on the bottle is broken.

supplement
spot®

DIM

Supports estrogen metabolism
and healthy hormone balance*

200 mg per serving
Dietary Supplement
60 Capsules

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 60

Amount Per Serving	% Daily Value
DIM (Di-Indolyl Methane) 200 mg	**

**Daily Value not established.

Other Ingredients: Vegetable Capsule, Stabilized Rice Bran, Magnesium Stearate, Silicon Dioxide

 **FORMULATED IN USA**

Manufactured exclusively for:
Supplement Spot, LLC
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