

TruNature CoQ10 100 mg (Coenzyme Q10), 150 Softgels



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CoQ10 is essential to the production of energy by every cell in the body. It is a key antioxidant nutrient and may help maintain a healthy heart.

Supplement Facts

Serving Size 1 Softgel

Each Softgel Contains

Coenzyme Q10 100 mg

Ingredients: Soybean Oil, Gelatin, Coenzyme Q10, Glycerin, Yellow Beeswax, Soy Lecithin, d-Alpha Tocopheryl Acetate, Titanium Dioxide, Riboflavin.

No Starch or Gluten.

Suggested Use:

For adults, take one to three softgels daily with a full glass of water, preferably after a meal.

USP Verified:

USP has tested and verified ingredients, potency and manufacturing process. USP sets official standards for dietary supplements.

Notice: Individual results may vary. You should always consult with your physician before starting this product or any health-related program.

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