1. PUMP†
2. ENERGY†
3. STRENGTH†

ADVANCED BENEFITS OF

RYSE SUNNYD™ PRE-WORKOUT

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Feel your greatness

RYSE UP SUPPLEMENTS

RYSE™

SUNNYD™

EFFICACIOUS DOSES† / COMPLIANT†

PRE-WORKOUT

TANGY ORIGINAL

NATURAL AND ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT / NET WT. 9.9 OZ (280 G)

25 SERVINGS PER CONTAINER

100% VITAMIN C IN EVERY SERVING

SUNNYD™ – FLAVOR COLLAB EDITION

RYSE PRE SUPPLEMENT FACTS

Supplement Facts

Serving Size: 1 Scoop (11.2g)
Servings Per Container: 25

Amount Per Serving		%DV
Total Carbohydrates	1g	<1%
Vitamin C (ascorbic acid)	90mg	100%
Choline (from choline bitartrate)	610mg	110%
Calcium (from Calcium Potassium Phosphate Citrate [as Calci-K®])	90mg	6%
Phosphorus (from Calcium Potassium Phosphate Citrate [as Calci-K®])	50mg	4%
Sodium	136mg	6%
Potassium	90mg	2%
Beta Alanine	3.2g	**
Betaine Anhydrous	1.5g	**
Betaine Nitrate (as NO3-T®)	1g	**
Sodium Nitrate (as NO3-T®)	500mg	**
Caffeine Anhydrous	370mg	**
Theobromine	200mg	**
Encapsulated Slow-Release Caffeine (as VitaShure®)	30mg	**
Huperzia serrata Extract (club moss) (std. min. 1% Huperzine A)	10mg	**

*Daily Value not established.
**%DV Daily Value based on a 2000 calorie diet

OTHER INGREDIENTS: Malic Acid, Silica, Sucralose, Natural Flavor, Xanthan Gum, Acesulfame Potassium

SUGGESTED USE: MIX ONE SERVING IN 10-12 OZ. OF COLD WATER IN A SHAKER OR GLASS AND CONSUME 15 TO 30 MINUTES PRIOR TO EXERCISE. IF NECESSARY, YOU MAY ADJUST THE WATER LEVEL TO ACHIEVE YOUR DESIRED LEVEL OF SWEETNESS AND FLAVOR.

WARNING: RYSE UP™ PRODUCTS ARE INTENDED ONLY FOR HEALTHY ADULTS OVER THE AGE OF 18. DO NOT USE IF YOU ARE CURRENTLY PREGNANT OR NURSING, COULD BE PREGNANT, OR ARE ATTEMPTING TO BECOME PREGNANT. CONSULT A LICENSED HEALTHCARE PRACTITIONER BEFORE USING THIS PRODUCT. DISCONTINUE USE AND CONTACT A DOCTOR IMMEDIATELY IF YOU EXPERIENCE AN IRREGULAR OR RAPID HEART BEAT, CHEST PAIN, SHORTNESS OF BREATH, DIZZINESS, LIGHTHEADEDNESS, FAINTING OR PRESYNCOPE, TREMORS, HEADACHE, NAUSEA, OR OTHER SIMILAR SYMPTOMS. IF YOU ARE A PERFORMANCE ATHLETE, PLEASE CHECK WITH YOUR SANCTIONING BODY PRIOR TO USE TO ENSURE COMPLIANCE.

LEGENDARY FLAVOR

100% OF YOUR VITAMIN C

RYSE

MANUFACTURED EXCLUSIVELY FOR
RYSE UP SPORTS NUTRITION, LLC, 916 S. LOCUST ST, DENTON, TX 76201

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

400 MG CAFFEINE PER SERVING

NO3-T® NITRATE

VitaCholine

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CALCI-K® IS A REGISTERED TRADEMARK OF ALMONA BEVERAGE, INC.
SUNNYD IS A TRADEMARK OF SUNNY TEA, INC. OF DENVER, CO, USA AND ALBANY, GA.