

1 PUMP[†] 2 ENERGY[†] 3 STRENGTH[†]

ADVANCED BENEFITS OF RYSE UP PREWORKOUT™



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fuel your greatness

SUPPLEMENTS
RYSE UP™



RYSE

PRE-WORKOUT

CLINICALLY DOSED¹ | INTENSE¹ | COMPLIANT¹

HIGH STIM FULL TRANSPARENCY LABEL

BAJA BURST

NATURAL AND ARTIFICIAL FLAVOR

DIETARY SUPPLEMENT // NET WT. 310G (10.9OZ.)



25 SERVINGS

PROJECT: BLACKOUT

Supplement Facts

Serving Size: 12.6g (Approximately 1 scoop)
Servings Per Container: 25

Amount Per Serving		% DV
Choline	600mg	16%
Calcium	90mg	7%
Phosphorous	45mg	4%
Sodium	310mg	13%
Potassium	75mg	2%
Beta Alanine (as CarnoSyn®)	3.2g	
Choline Bitartrate (as VitaCholine®)	1.5g	
Betaine Anhydrous	1.5g	
Betaine Nitrate (as NO3-T®)	1g	
Sodium Nitrate (as NO3-T®)	500mg	
Calcium Potassium Phosphate	500mg	
Citrate (as Calci-K®)		
Caffeine Anhydrous	350mg	
Theobromine	200mg	
Sustained-Release Caffeine	100mg	
(std min 60% caffeine)(as VitaShure® Caffeine SR)		
Huperzia Serrata Extract	10mg	
(std min 1% Huperzine A)(Club Moss)		

*Daily Value (DV) Not Established

WARNING: Ryse Up products are intended only for healthy adults over the age of 18. Do not use if you are pregnant or nursing, could be pregnant, or are attempting to become pregnant. Consult a licensed healthcare practitioner before using this product. Discontinue use and contact a doctor immediately if you experience any of the following: rapid heart beat, chest pain, shortness of breath, dizziness, lightheadedness, numbness, tremors, headache, nausea, or other similar symptoms. If you are a performance athlete, please check with your sanctioning body prior to use to ensure compliance.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

RYSE UP ENERGY GUIDE



BEGINNERS TAKE 1/2 SCOOP TO ASSESS TOLERANCE

SUGGESTED USE: MIX 1 SCOOP WITH 10-12 OZ. OF WATER OR FAVORITE BEVERAGE. VARY AMOUNT OF LIQUID TO TASTE. CONSUME 15-30 MIN. PRIOR TO EXERCISE.

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MANUFACTURED EXCLUSIVELY FOR RYSE UP SPORTS NUTRITION, LLC, 124 ROSE LANE SUITE 205 FRISCO, TX 75034

Other Ingredients: malic acid, sodium bicarbonate, silica, natural and artificial flavors, sodium gluconate, sucralose, acesulfame potassium.