

Recommended Dose: Take 2 capsules daily with meals or as recommended by your health professional. **Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. **Keep out of the reach of children.** Use only if safety seal is intact. Store in a cool, dry place.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.



v1 **108-180U**
Manufactured for
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GENESTRA
BRANDS®

Orti B

Dietary Supplement

Broad spectrum Vitamin B complex[‡]

180 VEGETARIAN CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings per Container 90

	Amount Per Serving	% DV
Thiamin (as thiamin hydrochloride)	75 mg	6,250%
Riboflavin	75 mg	5,769%
Niacin (as niacinamide)	120 mg	750%
Vitamin B ₆ (as pyridoxine hydrochloride)	75 mg	4,412%
Folate (as folic acid)	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as adenosylcobalamin/methylcobalamin)	100 mcg	4,167%
Biotin	300 mcg	1,000%
Pantothenic Acid (as calcium d-pantothenate)	125 mg	2,500%
Choline (as choline bitartrate)	50 mg	9%
Inositol	50 mg	*

* Daily value (DV) not established

Other ingredients: Hypromellose, cellulose, hyprolose, ascorbyl palmitate, silica