

DIRECTIONS FOR USE
Take one softgel capsule by mouth daily or as prescribed by a physician.

STORAGE: Store at 20°-25°C (68°-77°F), excursions permitted to 15°-30°C (59°-86°F) [See USP Controlled Room Temperature].

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

Call your doctor about side effects. To report side effects, call Trigen Laboratories, LLC at 1-877-482-3788 or FDA at 1-800-FDA-1088. **KEEP OUT OF REACH OF CHILDREN.**

Manufactured for:
Trigen Laboratories, LLC
Bridgewater, NJ 08807
www.trigenlab.com

PLR-ZPH-00001-2

Rev. 05/2020



Lot:
Exp:

13811-580-30

Zatean™ -Pn DHA Softgels

**PRENATAL DIETARY
SUPPLEMENT**
30 SOFTGELS

TRIGEN
LABORATORIES

Supplement Facts

Serving Size: 1 Softgel Capsule
Servings Per Container: 30

	Amount Per Serving	% DV for Pregnant and Lactating Women
Calories	10	
Total Fat	1 g	1%***
Vitamin C (Ascorbic Acid)	85 mg	71%
Vitamin D (as Cholecalciferol)	5 mcg (200 IU)	33%
Vitamin E (as Alpha Tocopherol Acetate)	7 mg* (10 IU)	37%
Vitamin B6 (as Pyridoxine HCl)	25 mg	1250%
Folate (as L-Methylfolate (5S)-5-MTHF)	667 mcg DFE	278%
Calcium Salt 600 mg and Folic Acid 400 mcg		
Vitamin B12 (as Cyanocobalamin)	12 mcg	429%
Calcium (as Calcium Carbonate)	140 mg	11%
Iron (as Ferrous Fumarate)	27 mg	100%
Magnesium (as Magnesium Oxide)	45 mg	11%
DHA (Docosahexaenoic acid)	300 mg	1

* Daily Value (DV) not established

** Equal to mg Alpha Tocopherol

*** Percent Daily Values are based on a 2,000 calorie diet

Zatean™ -Pn DHA

Softgel Floating Administration

Other Ingredients: Gelatin Capsule (Eggwhite gelatin, glycerin, purified water, sodium ethyl vanillin, titanium dioxide, FD&C Yellow #5, FD&C Blue #1), yellow beeswax, zatean oil, soy lecithin, natural & artificial orange cream flavor, citric acid, potassium citrate

THIS PRODUCT CONTAINS SOY AND FISH OIL (ANCHOVY)*.

Zatean™ -Pn DHA is a prescription prenatal/perinatal multivitamin/mineral softgel with an essential fatty acid and is indicated for the supplemental requirements of patients with nutritional deficiencies or are in need of nutritional supplementation.

CONTRAINDICATIONS

This product is contraindicated in patients with a known hypersensitivity to any of the ingredients, including soy or fish products.

WARNING:

Administration of omega-3 fatty acids - including DHA, should be avoided in patients with inherited or acquired bleeding disorders, including those taking anticoagulants.

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PRECAUTIONS

General: Folic acid/dihydro is an important therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B12 is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic remission can occur while neurologic manifestations remain progressive. Reduced folate may be less likely than folic acid to mask vitamin B12 deficiency.

The patient's medical conditions and consumption of other drugs, herbs, and/or supplements should be considered.

The product contains FD&C Yellow No. 5 (tartrazine) which may cause allergic type reactions (including bronchial asthma) in certain susceptible patients. Although the overall incidence of FD&C Yellow No. 5 (tartrazine) sensitivity in the general population is low, it is frequently seen in patients who also have aspirin hypersensitivity.

DRUG INTERACTIONS

Pridoxine hydrochloride should not be given to patients receiving the drug levodopa because the action of levodopa is antagonized by pridoxine hydrochloride. However, pridoxine hydrochloride may be used concurrently in patients receiving a preparation containing both levodopa and levodopa.

There is a possibility of increased bleeding due to pridoxine interaction with anticoagulants (e.g., Aspirin, Heparin, Coumadin).

ADVERSE REACTIONS

Allergic sensitization has been reported following both oral and parenteral administration of folic acid, as well as possibly the use of other forms of folic acid, including related folates. Pruritus, urticaria, anaphylaxis, and anaphylactoid reactions have been reported with pridoxine hydrochloride. Mild transient diarrhea, polydipsia were, itching, transverse enterocolitis and the feeling of swelling of the entire body have been associated with vitamin B12.

DESCRIPTION

Zatean™ -Pn DHA is an oblong shaped, dark green soft gelatin capsule containing brown pellets, laser etched with white "58030".

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HOW SUPPLIED

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