

## DIRECTIONS FOR USE

Take One (1) tablet daily or as prescribed by a physician.

**STORAGE:** Store at 20°-25°C (68°-77°F), excursion permitted to 15°-30°C (59°-86°F) [See USP Controlled Room Temperature]. Dispense in a tight, light resistant container as defined in the USP with a child-resistant closure.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

Call your doctor about side effects. To report side effects, call Trigen Laboratories at 1-888-9-TRIGEN (1-888-987-4436) or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

**KEEP OUT OF REACH OF CHILDREN.**

Manufactured for:  
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Bridgewater, NJ 08807  
[www.trigenlab.com](http://www.trigenlab.com)

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# Trinatal Rx 1

(one tablet daily)

Prenatal Multivitamin/Multimineral Tablet

100 Tablets



## DESCRIPTION

Trinatal Rx 1 is an oval shaped, white film-coated tablet debossed "TL388".

## Supplement Facts

Serving Size: 1 Tablet  
Servings Per Container: 100

|                                                    | Amount<br>Per<br>Serving              | % DV<br>Pregnant and<br>Lactating Woman |
|----------------------------------------------------|---------------------------------------|-----------------------------------------|
| Vitamin A (Acetate 3600 IU & Beta Carotene 400 IU) | 1200 mcg RAE                          | 92%                                     |
| Vitamin C (Ascorbic Acid)                          | 80 mg                                 | 67%                                     |
| Vitamin D (as Cholecalciferol)                     | 10 mcg (400 IU)                       | 67%                                     |
| Vitamin E (as d-Alpha Tocopheryl Acetate)          | 7 mg* (15 IU)                         | 37%                                     |
| Thiamin (as Thiamine Mononitrate)                  | 1.5 mg                                | 107%                                    |
| Riboflavin                                         | 1.6 mg                                | 100%                                    |
| Niacin (as Niacinamide)                            | 17 mg NE                              | 94%                                     |
| Vitamin B <sub>6</sub> (as Pyridoxine HCl)         | 4 mg                                  | 200%                                    |
| Folate                                             | 1667 mcg DFE<br>(1000 mcg Folic Acid) | 278%                                    |
| Vitamin B <sub>12</sub> (as Cyanocobalamin)        | 2.5 mcg                               | 89%                                     |
| Biotin                                             | 30 mcg                                | 86%                                     |
| Pantothenic Acid (as Calcium Pantothenate)         | 7 mg                                  | 100%                                    |
| Calcium (as Calcium Carbonate)                     | 200 mg                                | 15%                                     |
| Iron (as Ferrous Fumarate)                         | 60 mg                                 | 222%                                    |
| Magnesium (as Magnesium oxide)                     | 100 mg                                | 25%                                     |
| Zinc (as Zinc Oxide)                               | 25 mg                                 | 192%                                    |
| Copper (as Cupric Oxide)                           | 3 mg                                  | 231%                                    |
| *Equal to mg alpha-tocopherol                      |                                       |                                         |

Other Ingredients: Microcrystalline cellulose, coating (hypromellose, titanium dioxide, polyvinyl alcohol, polyethylene glycol, talc), tripotassium citrate, croscarmellose sodium, citric acid, povidone K30, acacia, stearic acid, magnesium stearate, fumed silica.