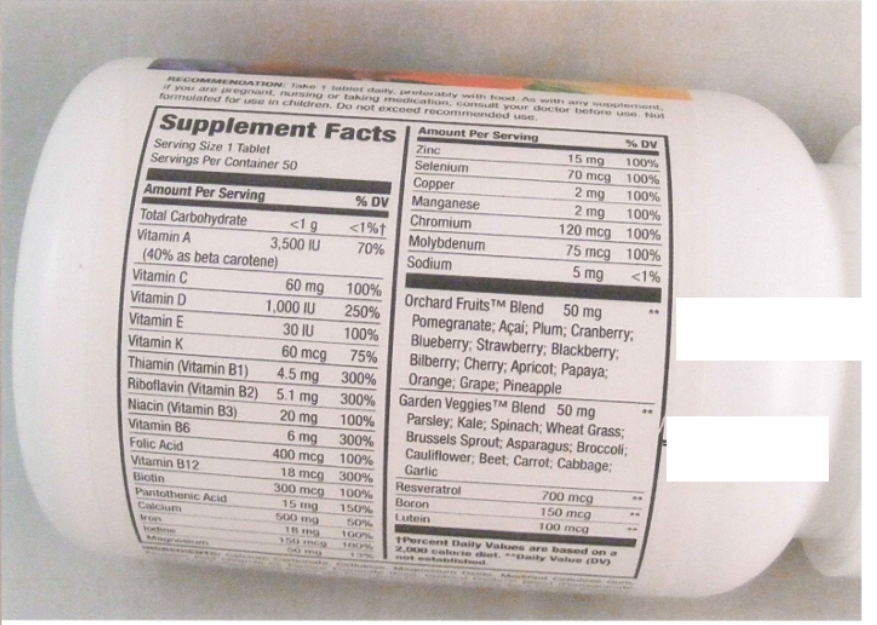

RECOMMENDATION: Take 1 tablet daily, preferably with food. As with any supplement, if you are pregnant, nursing or taking medication, consult your doctor before use. Not formulated for use in children. Do not exceed recommended use.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 50

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Vitamin A (40% as beta carotene)	3,500 IU	70%
Vitamin C	60 mg	100%
Vitamin D	1,000 IU	250%
Vitamin E	30 IU	100%
Vitamin K	60 mcg	75%
Thiamin (Vitamin B1)	4.5 mg	300%
Riboflavin (Vitamin B2)	5.1 mg	300%
Niacin (Vitamin B3)	20 mg	100%
Vitamin B6	6 mg	300%
Folic Acid	400 mcg	100%
Vitamin B12	18 mcg	300%
Biotin	300 mcg	100%
Pantothenic Acid	15 mg	150%
Calcium	500 mg	50%
Iron	18 mg	100%
Iodine	150 mcg	100%
Magnesium	50 mg	13%
Zinc	15 mg	100%
Selenium	70 mcg	100%
Copper	2 mg	100%
Manganese	2 mg	100%
Chromium	120 mcg	100%
Molybdenum	75 mcg	100%
Sodium	5 mg	<1%
Orchard Fruits™ Blend	50 mg	**
Garden Veggies™ Blend	50 mg	**
Resveratrol	700 mcg	**
Boron	150 mcg	**
Lutein	100 mcg	**

Pomegranate; Açaí; Plum; Cranberry; Blueberry; Strawberry; Blackberry; Bilberry; Cherry; Apricot; Papaya; Orange; Grape; Pineapple

Parsley; Kale; Spinach; Wheat Grass; Brussels Sprout; Asparagus; Broccoli; Cauliflower; Beet; Carrot; Cabbage; Garlic

†Percent Daily Values are based on a 2,000 calorie diet. **Daily Value (DV) not established.