

WestGel DHA

PRENATAL SUPPLEMENT

Sugar, Gluten,
Lactose, and
Dye Free

30 Softgels

WP Westminster
Pharmaceuticals

Supplement Facts

Serving Size: 1 Softgel Servings Per Container: 30

Amount Per Serving	% Daily Value	% Daily Value for Pregnant & Lactating Women
Vitamin C (as ascorbic acid) 55 mg	61%	46%
Vitamin D3 (as cholecalciferol) 25 mcg (1000 IU)	125%	167%
Vitamin E (as d- α -tocopheryl acetate) 10 mg (15 IU)	67%	53%
Thiamin (as thiamine HCl, Vitamin B1) 1.3 mg	108%	93%
Riboflavin (Vitamin B2) 1.8 mg	138%	113%
Niacin (as nicotinic acid) 5 mg	31%	28%
Vitamin B6 (as pyridoxine HCl) 35 mg	2050%	1750%
Folate 1.7 mg DFE (400 mcg folic acid) (1 mg folate as 630 mcg of L-Methylfolate Magnesium, molar equivalent to 600 mcg of L-Methylfolic acid; and 400 mcg of folic acid)	425%	283%
Vitamin B12 (as cyanocobalamin) 14 mcg	583%	500%
Iron (as carbonyl iron) 31 mg	172%	115%
Iodine (as potassium iodide) 200 mcg	133%	66%
Magnesium (as magnesium oxide) 30 mg	7%	8%
Docosahexaenoic Acid (DHA) 200 mg	†	†
Eicosapentaenoic Acid (EPA) 15 mg	†	†

† Daily value not established.

Other Ingredients: Fish Oil, Gelatin Capsule (Bovine Gelatin, Glycerin, Purified Water, Caramel, Ethyl Vanillin), Yellow Bees Wax, Soy Lecithin, Orange Flavor W0NF, Contains Soy and Fish

WestGel DHA Softgel capsules are dye free, lactose, gluten and sugar free. They do not contain any artificial flavors or sweeteners. WestGel DHA contains bovine gelatin.

INDICATIONS: WestGel DHA is an orally administered multivitamin/mineral/fatty acid dietary supplement indicated to improve the nutritional status of women throughout pregnancy and in the postnatal period for both lactating and nonlactating mothers. WestGel DHA can also be beneficial in improving the nutritional status of women prior to conception*.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent disease.

CONTRAINDICATIONS: WestGel DHA is contraindicated in patients with a known hypersensitivity to any of the ingredients.

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution is recommended in patients taking anticonvulsant medications as folate may interfere with anticonvulsant medication, and may lower seizure threshold. Furthermore, anticonvulsant medications may interfere with folate metabolism.

PRECAUTIONS: Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where Vitamin B12 is deficient. Folic acid is also above 0.1 mg daily may obscure pernicious anemia that hematologic remission can occur while neurological manifestations progress.

Ingestion of more than 5 grams of omega-3 fatty acids (such as DHA and EPA) per day has been shown to have potential antithrombotic effects, including an increased bleeding time and International Normalized Ratio (INR). Administration of omega-3 fatty acids should be avoided in patients taking anticoagulants and in those known to have an inherited or acquired predisposition to bleeding.

ADVERSE REACTIONS: Allergic sensitization has been reported following both oral and parenteral administration of folic acid.

You should call your doctor for medical advice about serious adverse events, to report adverse side effects or to obtain product information, contact Westminster Pharmaceuticals, LLC at 1-844-221-7294.

DIRECTIONS: Adults: Take one softgel daily with or without food, or as prescribed by a healthcare practitioner.

Children under 12: Consult a doctor. Do not exceed the recommended dose.

HOW SUPPLIED: WestGel DHA is available as oval, brown softgel capsules with a white imprint "WP234". A carton unit dose pack of 30 (3 child-resistant blister cards of 10 softgels each).

Store at 20°C-25°C (68°F-77°F); excursions permitted to 15°C-30°C (59°F-86°F) [See USP Controlled Room Temperature].

WestGel DHA should be administered only under the direct supervision of a healthcare practitioner.

Avoid excessive heat, light and moisture. Keep out of reach of children.

Tamper evident: Do not use if seal is broken or missing.

Rx

Non-Varnish

