

**SUGGESTED USE:** Take one serving (2 Tablets) on an empty stomach 30-60 min before bedtime. For best results, avoid taking with dairy or other calcium containing foods or supplements. DO NOT EXCEED 2 TABLETS PER DAY.

**CAUTION:** Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF THE REACH OF CHILDREN.**  
DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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**ZERO**

ARTIFICIAL INGREDIENTS  
ADDITIVES - CHEMICALS  
OR PRESERVATIVES



ZZZZZZ...



NEW &  
IMPROVED

# Skinny Dreams

**WEIGHT LOSS SLEEP-AID\***  
**WITH MELATONIN &  
VALERIAN ROOT**

60 Tablets  
Dietary Supplement

## SUPPLEMENT FACTS

Serving Size: 2 Tablets  
Servings Per Container: 30

|                                                                                                                                                               | Amount per Serving | %DV  |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|------|
| Zinc (As Zinc Oxide)                                                                                                                                          | 15 mg              | 100% |
| Magnesium (As Magnesium Oxide)                                                                                                                                | 100 mg             | 30%  |
| Chromium (As Chromium Picolinate)                                                                                                                             | 100 mcg            | **   |
| Proprietary Blend                                                                                                                                             | 2986 mg            | **   |
| Apple Cider Vinegar, Garcinia Cambogia, Gymnema Sylvestre, Raspberry Ketone, CLA, Cinnamon Bark, Melatonin, L-Tryptophan, Valerian Root, Dandelion Root, GABA |                    |      |

\*\*Daily Value (DV) not established

Other Ingredients: Microcrystalline Cellulose, Di-Calcium Phosphate, Solutab, Stearic Acid, & Vegetable Magnesium Stearate, Glycerin, and Hypromellose

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