

**STORAGE**

Store at 20°-25°C (68°-77°F); relative humidity no higher than 65%; excursions permitted to 15°-30°C (59°-86°F) [See USP Controlled Room Temperature]. Protect from moisture and excessive heat. Note that contact with moisture may produce surface discoloration of the tablet. Dispense in a tight light-resistant container with a child-resistant closure as defined by the USP.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or poison control center immediately.

Call your doctor about side effects. To report side effects, call Trigen Laboratories, LLC at 1-888-4-TRIGEN (1-888-937-4436) or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch). **KEEP OUT OF THE REACH OF CHILDREN.**

**Manufactured for:**

Trigen Laboratories, LLC Bridgewater, NJ 08807  
[www.trigenlab.com](http://www.trigenlab.com)

Rev. 10/2018



13811-014-90

# CompleteNate Chewable

Chewable Prenatal Multivitamin Tablet with Iron

90 Tablets

**TRIGEN**  
LABORATORIES

**DESCRIPTION**

CompleteNate Chewable is an orange-flavored, round, speckled light brown tablet debossed with "TL014" on one side.

**Supplement Facts**

Serving Size: 1 Tablet  
Servings Per Container: 90

|                                                      | Amount Per<br>Serving                   | %DV* for<br>Pregnant and<br>Lactating Women |
|------------------------------------------------------|-----------------------------------------|---------------------------------------------|
| Calories                                             | 5                                       |                                             |
| Total Sugar                                          | less than 1 g                           | †                                           |
| Total Carbohydrate                                   | 1 g                                     | <1%                                         |
| Vitamin A (as Beta-Carotene)                         | 300 mcg RAE (1000 IU)                   | 23%                                         |
| Vitamin C (as Sodium Ascorbate<br>and Ascorbic Acid) | 120 mg                                  | 100%                                        |
| Vitamin D (as Cholecalciferol)                       | 30 mcg (400 IU)                         | 67%                                         |
| Vitamin E (as dl-Alpha-Tocopheryl Acetate)           | 5 mg (11 IU)                            | 26%                                         |
| Thiamin (as Thiamine Mononitrate)                    | 2 mg                                    | 143%                                        |
| Riboflavin                                           | 3 mg                                    | 188%                                        |
| Niacin (as Nicotinamide)                             | 20 mg NE                                | 111%                                        |
| Vitamin B6 (as Pyridoxine HCl)                       | 10 mg                                   | 500%                                        |
| Folate                                               | 16.67 mcg DFE<br>(1000 mcg Folate Acid) | 278%                                        |
| Vitamin B12 (as Cyanocobalamin)                      | 12 mcg                                  | 429%                                        |
| Iron (as Ferrous Fumarate)                           | 29 mg                                   | 103%                                        |

\*Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Other Ingredients:**

Sorbitol, Sucrose, Natural Orange Flavor, Orange Juice Powder, Magnesium Stearate, Stearic Acid, Gelatin, Stevia, Fumed Silica.