Health & longevity through the healing power of nature–that's what it means to Trust the Leaf.

Glucomannan (*Amorphophallus konjac*) is a dietary fiber source from the root of the konjac plant. It is an excellent addition to a sensible weight loss program.

Notice: This product should be taken with at least a full glass of liquid. Taking this product without enough liquid may cause choking. Do not take this product if you have difficulty swallowing.

Questions? Call 1-800-9NATURE or visit naturesway.com. Our Glucomannan root is carefully grown, tested and produced to certified quality standards.

SATISFACTION GUARANTEED
Freshness & safety sealed with printed outer shrink-wrap and printed inner seal. Do not use if either seal is broken or missing.
Keep out of reach of children.

Actual Capsule Size

LN13675-A01

0 33674 13675 1

PREMIUM Nature's Way HERBAL

Glucomannan Root

vegetarian VCAPS®
DIETARY FIBER

100 Vcaps® / Certified 665 mg

DIETARY SUPPLEMENT

Recommendation: Take 3 capsules with a full glass of water approximately 20 minutes before mealtime.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 33

Amount Per Serving		% Daily Value
Calories	5	
Total Carbohydrate	2 g	<1%†
Dietary Fiber	2 g	8%†
Calcium	20 mg	2%
Potassium	50 mg	1%
Glucomannan (root)	1.99 g (1,995 mg)	**

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Plant-derived capsule, Magnesium stearate

Vcaps® is a trademark of Capsugel
Nature's Fiber®

Green Bay, WI 54311 USA

Nature's Way