

The Ultimate in Safety & Purity - ALLMAX Pharmaceutical Grade CreaSyn™ Creatine is the ultimate in purity and safety; rigorously held to strict standards that meet or exceed 3rd-Party independent testing for WADA Banned Substances and cGMP guidelines. In addition, our Creatine is micronized to an ultra-fine, free-flowing powder. Most Creatine powders on the market today have particles that are as much as 250% larger!*

The Undisputed King of Creatine - Creatine Monohydrate is the undisputed king of Creatine. Over 95% of all research ever conducted used Creatine Monohydrate. Other forms of Creatine have come and gone, all trying to make the claim that they have improved the original Creatine. The truth is that very few, if any, scientific studies are even being attempted to try to prove that they enhance performance in any way.*

Research Reigns Supreme - Creatine Monohydrate is the most heavily researched (more than 300 studies) and time-tested sports nutrition supplement in the world. Creatine has been shown to increase maximal strength and endurance as much as 15% and up to 30% in power output and energy release in short burst/interval sports.*



- The new standard in Creatine
- Enhanced solubility
- World-Class purity specifications
- Pharmaceutical grade

A new standard in Creatine with an impressive array of quality assurances including: Informed Choice (WADA Banned Substances Tested), Gluten-Free, Vegan, Pharmaceutical Grade, Kosher, and cGMP. The result is CreaSyn™; a pure, clean and trusted source of Creatine. We believe that CreaSyn™ is the new standard for Creatine and the most premium choice for Creatine on the market.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SCIENCE • INNOVATION • QUALITY • RESULTS

ALLMAX®

PROFESSIONAL GRADE SUPPLEMENTS



CREATINE

PHARMACEUTICAL GRADE

- + IMPROVES PERFORMANCE IN HIGH-INTENSITY STRENGTH TRAINING*
- + INCREASES MUSCLE MASS, STRENGTH AND SIZE*
- + MUSCLE VOLUMIZING EFFECTS*



1000 G

DIETARY SUPPLEMENT

Net Wt 2.20 lbs (35.27 oz)

Supplement Facts

Serving Size 1 scoop (5 g)
Servings Per Container 200

Amount Per Serving	% Daily Value
CreaSyn™ (as Creatine Monohydrate) 5 g	†

† Daily Value not established.

SUGGESTED USE: Take daily with water or juice upon waking and post-workout, or on non-training days, after a meal.

LOADING PHASE – 1 scoop twice daily (total of 10 g/ day) for 5-7 days.

MAINTAIN PHASE – 1 scoop daily (total of 5 g/ day).

CYCLING PROTOCOL: 8 weeks on, 2 weeks off. Repeat.

RECOMMENDED USE OR PURPOSE: Aids in improving performance in repetitive bouts of brief, highly-intense physical activity. Aids in increasing muscle mass when used in conjunction with a resistance training regimen.*

WARNINGS: Do not use if you are pregnant or breastfeeding, have a medical condition or are taking prescription medications. Consult a healthcare practitioner before use. May result in weight gain. Not intended for use by those under 18. KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.

CALIFORNIA WARNING: Lead is known to the State of California to cause birth defects or reproductive harm. Consuming this product can expose you to more than 0.0000005 g of lead. For more information go to www.P65Warnings.ca.gov.

ALLERGEN WARNING: Produced in a facility that also handles Milk, Soy, Egg, Peanut, Tree Nut, Fish and Shellfish products.

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