DHA, GLA & VITAMIN E

DHA and related omega-3 essential fatty acids are major elements of both eye and brain tissue. Nature's Way® EFA Blend for Children combines the researched levels of these key essential fatty acids to support eye and brain function.*

RECOMMENDATION:

Children over 5: Take 2 softgels each morning and evening with food or drink.

For more intensive use, take 4 softgels each morning and evening with food or drink for up to 12 weeks.

If pregnant, nursing, or taking prescription drugs, consult your healthcare practitioner prior to use.

Nature's Way

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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nature's Way

EFA Blend

For Children

Eye & Brain Function Formula*

60 softgels/1145 mg each

Distilled for Purity

Dietary Supplement

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	10	
Calories from fat	10	
Total Fat	1 g	1%†
Cholesterol	3 mg	1%†
Vitamin E (as d-alpha tocopheryl acetate)	30 IU	100%
Fish Oil (sardine, anchovy) (providing 120 mg DHA [Docosahexaenoic Acid] and 174 mg EPA [Eicosapentaenoic Acid])	580 mg	**
Evening Primrose Oil (seed) (providing 25 mg GLA [Gamma Linolenic Acid])	280 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: Gelatin (softgel), Glycerin, Purified water

Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing.