

SPRING

VALLEY®

VITAMIN #1 BRAND

**All Natural**  
**Omega-3**  
**Fish Oil**  
**1200 mg**

**HEART HEALTH\***

Dietary Supplement

60 SOFTGELS

**Supplement Facts**

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%†
Saturated Fat	0 g	0%†
Polyunsaturated Fat	0.5 g	††
Monounsaturated Fat	0 g	††
Cholesterol	10 mg	3%
Fish Oil	1.2 g (1,200 mg)	††
EPA (Eicosapentaenoic Acid)		††
DHA (Docosahexaenoic Acid)		††
Total Omega-3 Fatty Acids	360 mg	††

†Percent Daily Values are based on a 2,000 calorie diet.

††Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, Glycerin. Contains <2% of: Mixed Tocopherols, Sorbitol.

Contains fish (anchovy, mackerel, sardine) ingredients.

**SUGGESTED USE:** For adults, take one (1) softgel three times daily, preferably with a meal. As a reminder, discuss the supplements and medications you take with your health care providers.

**WARNING:** If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactase, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium (less than 5 mg per serving), No Chemical Solvents.

**KEEP OUT OF THE REACH OF CHILDREN. KEEP IN A DRY PLACE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

**MANUFACTURED BY:** US Nutrition, Inc.  
 Bohemia, NY 11716-2510, USA.  
 Questions or Comments? Call 1-866-607-0342



✓ Produced under strict quality guidelines.  
 ✓ Verified by an independent, ISO 9001:2000 certified laboratory.

INCREDIBLY GUARANTEED BY BOND OR REPLACEMENT

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Item No. 13319  
 818078W 00A

0 78742 44279 2