

Spirulina Manna™ (Arthrospira platensis) is a blue green microalga abundant in amino acids, chlorophyll, vitamins, and minerals. Spirulina, one of the world's first superfoods, was a staple food source for the Aztecs who harvested spirulina from Lake Texcoco in central Mexico, and it is still harvested today from Lake Chad in west-central Africa. Blue green algae grow plentiful in lakes and inland bodies of water that are warm and alkaline.

Spirulina Manna contains high levels of phycocyanin, a pigment-protein complex that is found only in blue green algae. Spirulina's high levels of phycocyanin support a healthy inflammatory response, offer potent antioxidant properties, and support kidney health.* Considered Nature's protein powder, spirulina is 60-70% protein and contains all of the essential amino acids, making it the world's highest known source of complete protein. Spirulina has also been shown to encourage and support the growth of healthy bacterial flora in your gut which can help keep candida overgrowth under control.*

HealthForce SuperFoods® is a grassroots, independently owned and operated whole food botanical company. We offer a diverse and truly effective product line inspired by the incredible symbiotic power of plants. Our mission is fueled by a passion for purity and heart-centered collaboration, with a strong foundation of service and integrity. We are proud to offer clean, ethically produced products designed to help you thrive in a modern world.

"I WISH YOU GREAT HEALTH AND HAPPINESS ALWAYS!"
Dr. Jameh Sheridan — Naturopath and Hard-Core Herbal Medicine Researcher

				
TruGanic™ Sourcing	Eco Facility	Vegan Ethics	Lab Verified	Ecofresh™ Packaging

*These statements have not been evaluated by the Food and Drug Administration. This product is not designed to diagnose, treat, cure, or prevent any disease.

HEALTHFORCE SUPERFOODS®

SPIRULINA MANNA™



Gluten-Free PAREVE

Net Wt 16 oz (453.5g)

Nutrition Facts

188.9 servings per container

Serving size **2.4 grams (1 teaspoon)**

Amount per serving

Calories 10

% Daily Value

Total Fat 0g **0%**

Sodium 5mg **<1%**

Total Carbohydrate 0g **0%**

Protein 2g

Iron 1.7mg **10%**

Vitamin A (Beta-carotene) 1,120mcg **124%**

Vitamin C 4mg **4%**

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium and potassium.

Ingredient: Spirulina™

(Arthrospira platensis)

™TruGanic™ Grown in USA

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MANUFACTURED BY:
EXCELSIOR ALCHEMY™, TEMPE, AZ 85284
FOR INFO / SUPPORT CALL (800)748-6229
WWW.HEALTHFORCESUPERFOODS.COM

Suggested Use:

1 teaspoon per day, either all at once or divided. Spirulina is a food. It can be eaten directly or added to foods.

