



TruGanic™
Sourcing



Eco
Facility



Vegan
Ethics



Lab
Verified



Ecofresh™
Packaging

SCHISANDRA A native of Asia, schisandra (*Schisandra chinensis*) is a woody vine that produces small, vibrant red fruits. Traditionally used in Chinese Medicine as a Harmonizing Tonic or "King" remedy, schisandra is included in every classic text on Traditional Chinese Medicine. Schisandra has been highly regarded for centuries as a powerful adaptogen because of its unique nutrient and flavor profiles.

Chinese folklore says that schisandra can "calm the heart and quiet the spirit." The schisandra fruit is also known as the Five Flavor Berry, capturing the five basic flavors in Chinese herbal medicine – sour, sweet, salty, bitter, and spicy. The powder can be added to smoothies, fresh juices, or teas. Integrity Extracts™ schisandra powder is U.S. sourced, certified organic, vegan, kosher, and gluten-free.

SUGGESTED USE: Take 1/4 to 1 teaspoon per day, or as advised by a qualified health care professional. Consume with conscious, positive intent.

HEALTHFORCE SUPERFOODS®

INTEGRITY EXTRACTS™ SCHISANDRA



**Net Wt 50g
(1.76 oz)**

Supplement Facts

Serving Size: 1/4 tsp (0.65g)

Servings Per Container: 76

Amount Per Serving

Schisandra Berry Extract 5:1∅∞ 650mg*
(*Schisandra chinensis*)

* Daily Value not established.

∅Organic ∞TruGanic™ Country of Origin: USA

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MANUFACTURED BY:
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