REISHI (Ganoderma lingzhi), also known as the "Mushroom of Immortality" has been used in Chinese Medicine for at least 2,000 years and has been documented in some of the earliest pharmacopoeia texts in Asia.* Reishi was traditionally used as a tonic to strengthen vital energy or "Qi", and was thought to help support balance and inner strength.* Valued as a potent adaptogen in modern herbalism, reishi may help the body adapt to stress, and supports the maintenance of a healthy immune system.*

Reishi has a deep woodsy, bitter flavor. Our pure, wood-grown reishi mushroom extract is made by hot water extraction using the fruiting body of the fungi. The powder can be added to smoothies, fresh juices, or teas. Integrity Extracts™ Reishi powder is certified organic, vegan, kosher, and gluten-free.

"| WISH YOU GREAT HEALTH AND HAPPINESS ALWAYS!" Dr. Jameth Sheridan - Naturopath and Hard-Core Herbal Medicine Researcher

SUGGESTED USE: I teaspoon per day, or as advised by a qualified health care professional. Add to smoothies, teas, or hot water. Consume with conscious, positive intent.

*These statements have not been evaluated by the Food and Drug Administration. This product is not designed to diagnose, treat, cure, or prevent any disease.

HEALTHFORCE SUPERFOODS

INTEGRITY FXTRACTS" FISH



"Mushroom of Immortality*" **Dietary Supplement**







Net Wt 140g (4.94 oz)

Supplement Facts Serving Size: 1 teaspoon (1.6g) Servings Per Container: approx. 88

Amount Per Serving

Reishi Extract 1:10∞ 1.600mg* (Ganoderma lingzhi, fruiting body)

>35% 1,3/1,6 Beta-D-glucans

Daily Value not established.

♦Organic ∞TruGanic

Lab tested for pesticides, GMOs, irradiation, botanical identity, microbial activity, gluten, and heavy metals.

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CERTIFIED ORGANIC BY OREGON TILTH

