



TruGanic[®]
Sourcing



Eco
Facility



Vegan
Ethics



Lab
Verified



Ecofresh[™]
Packaging

LION'S MANE (*Hericium erinaceus*), also known as hou tou gu or yamabushitake are large white shaggy mushrooms that resemble a lion's mane. Treasured for centuries throughout China and Japan, lion's mane was used as both a culinary delicacy and as a tonic for supporting mental alertness and calm.* Lion's mane may assist in the production of nerve growth factor in the brain, a protein that promotes the growth and normal function of nerve cells.* Lion's mane mushrooms also contain high levels of beta-glucans (25%+), known for their immune-supportive properties.*

Lion's mane has a mild, sweet-but-savory, licorice-like flavor. Our pure, wood-grown mushroom powders are made by hot water extraction using the fruiting body of the fungi. Lion's mane can be added to your favorite smoothie, fresh juice, coffee, or tea. Certified organic, vegan, kosher, and gluten-free.

"I WISH YOU GREAT HEALTH AND HAPPINESS ALWAYS!"

*Dr. Jameth Sheridan – Naturopath and
Hard-Core Herbal Medicine Researcher*

SUGGESTED USE: 1 teaspoon per day, or as advised by a qualified health care professional. Add to smoothies, teas, or hot water. Consume with conscious, positive intent.

*These statements have not been evaluated by the Food and Drug Administration. This product is not designed to diagnose, treat, cure, or prevent any disease.

HEALTHFORCE SUPERFOODS[®]

INTEGRITY EXTRACTS[™] LION'S MANE



Immune & Brain Tonic[®]
Dietary Supplement



Net Wt 60g (2.12 oz)

Supplement Facts

Serving Size: 1 teaspoon (3g)

Servings Per Container: 20

Amount Per Serving	%DV*
Lion's Mane Extract 1:10 [∞] 3000mg (<i>Hericium erinaceus</i> , fruiting body)	†
1,3/1,6 Beta-D-glucans	>25%

* Daily Value not established.

∅Organic ∞TruGanic[™]

Lab tested for pesticides, GMOs, irradiation, botanical identity, microbial activity, gluten, and heavy metals.

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MANUFACTURED BY:
EXCELSIOR ALCHEMY[™], TEMPE, AZ 85284
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WWW.HEALTHFORCESUPERFOODS.COM
CERTIFIED ORGANIC BY OREGON TILTH
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