



vitaMedMD™
One Rx WITH  **Quatrefolic®**

Prenatal Multivitamin with DHA

14 Vitamins, Minerals and
200 mg of Plant-based life'sDHA™

DOCTOR-RECOMMENDED
 for women planning a pregnancy,
 pregnant or nursing

 **vitaMedMD™**
One Rx

MULTIVITAMIN SOFTGEL
 With Quatrefolic®
 And Plant-based life'sDHA™

Gluten, Lactose
 and Sugar-Free



MARKETED AND DISTRIBUTED BY:

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TherapeuticsMD™

30 SOFTGELS
 DIETARY SUPPLEMENT

ONRX-0001 V2

 **vitaMedMD™**
One Rx

MULTIVITAMIN SOFTGEL
 With Quatrefolic®
 And Plant-based life'sDHA™

Keep this product out of the reach of children.
 Keep in a cool, dry place, tightly closed.

WARNING: Folic acid alone is improper therapy
 in the treatment of pernicious anemia and other
 megaloblastic anemias where vitamin B12 is
 deficient. Folic acid in doses above 0.1 mg daily
 may obscure pernicious anemia, in that
 hematologic remission can occur while
 neurological manifestations remain progressive.

WARNING: Ingestion of more than 3 grams of
 omega-3 fatty acids (such as DHA) per day has
 been shown to have potential antithrombotic
 effects, including an increased bleeding time
 and INR. Administration of omega-3 fatty acids
 should be avoided in patients on anticoagulants
 and in those known to have an inherited or
 acquired predisposition to bleeding.

CONTRAINDICATIONS: This product is
 contraindicated in patients with known
 hypersensitivity to any of the ingredients.



Life'sDHA is a trademark of Martek Biosciences Corporation.
 Plant Pure Omega-3 is a trademark of Long Islands, Inc.
 Quatrefolic is a registered trademark of Cargill, Inc.
 U.S. Patent No. 5,947,642 and other patents pending.

SUGGESTED USE: As a dietary supplement for pregnant and nursing women.

Take one softgel daily with a meal. For adults only. Consult your doctor before taking any supplement.

Supplement Facts

Serving Size: 1 Softgel

MULTIVITAMIN/MULTIMINERAL	Amount per Softgel	% Daily Value Pregnant and Nursing Women
Vitamin C (as ascorbic acid)	60 mg	100%
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin E (as dl-alpha tocopheryl acetate)	21 IU	70%
Vitamin B1 (as thiamine mononitrate)	1.5 mg	88%
Vitamin B2 (as riboflavin)	1.7 mg	85%
Vitamin B3 (as niacinamide)	20 mg	100%
Vitamin B6 (as pyridoxine HCl)	25 mg	1000%
Folate	1 mg	125%
Quatrefolic® (5S)-5-methyltetrahydrofolic acid, glucosamine salt	600 mcg	
Folic acid	400 mcg	
Vitamin B12 (as cyanocobalamin)	8 mcg	100%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	100%
Iron (as ferrous fumarate)	30 mg	167%
Zinc (as zinc oxide)	7.5 mg	50%
DHA (docosahexaenoic acid from algal oil)	200 mg	†
† % Daily Value Not Established		

OTHER INGREDIENTS: Gelatin capsule (gelatin, purified water, vegetable glycerin), high oleic sunflower oil,
 beeswax, glycerol monostearate, soybean lecithin, purified water, titanium dioxide, sunflower lecithin, rosemary
 extract, tocopherols and ascorbyl palmitate, D&C Red #33, FD&C Red #40, FD&C Blue #1, orange essential oil.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal
 poisoning in children under 6. Keep this product out of the reach of children. In case of
 accidental overdose, call a doctor or poison control center immediately.