

ADVERSE REACTIONS

Adverse reactions have been reported with specific vitamins and minerals but generally at levels substantially higher than those contained herein. However, allergic and idiosyncratic reactions are possible at lower levels, even at the usual recommended levels, has been associated with garlic in that tolerance is an individual trait.

DESCRIPTION

OBComplete® Premier is pink tablet, imprinted "VPO43".

DIRECTIONS FOR USE

One tablet daily as directed by a physician.

HOW SUPPLIED

OBComplete® Premier is supplied in a carton of 30 tablets, packaging in child-resistant unit-dose blister packs of 10 tablets per card.

Product Code: 68-025-043-30

STORAGE

Store in controlled room temperature 15°-30° C (59°-86°F) [See USP Product Forming Information in the official USP].

Distributed by:

Vertical Pharmaceuticals, LLC

2100 West, Niles, IL 60067

www.obcomplete.com

Rev 05/2018



68025-043-30

OBComplete® Premier Prenatal Dietary Supplement

The Confident Choice

Vegetarian friendly prenatal nutrition



GLUTEN FREE



SUGAR FREE



LACTOSE FREE

Before, During, and After Pregnancy

One Tablet Daily

30 Tablets

KEEP THIS PRODUCT OUT OF REACH OF CHILDREN

*Dinacal and TRAACS are registered trademarks of Abbvie International, Inc. Males covered by U.S. Patent No. 6,706,904. Chelate covered by U.S. Patent No. 7,038,042 and patents pending.

**Sesquialate® (Ferrous Aspartate Glycinate) is a registered trademark of Abbvie International, Inc. and is covered by the following patents: U.S. Pat. No. 6,716,814; U.S. Pat. No. 8,007,646 and U.S. Pat. No. 8,425,766.

For more information, contact your healthcare practitioner.

Call your doctor about side effects. To report side effects, call Vertical Pharmaceuticals at 1-877-95-VERT (1-877-958-3784) or FDA at 1-800-FDA-1088 or www.fda.gov/medwatch.

Customer Service: 1-866-600-4799



SUPPLEMENT FACTS

Serving Size: 1 Tablet

Servings Per Container: 30

	Amount per Serving	%DV for Pregnant and Lactating Women
Vitamin A (as Beta-Carotene)	630 mcg RAE (210 IU)	4.8%
Vitamin C (as Calcium Ascorbate)	120 mg	10.0%
Calcium (as Calcium Malate)	100 mg	8%
Vitamin D (as Cholecalciferol)	20 mcg (800 IU)	13.3%
Vitamin E (as d-Alpha-Tocopheryl Succinate)	13 mg (20 IU)	6.8%
Thiamine (as Thiamine Mononitrate)	2 mg	14.3%
Riboflavin	34 mg	21.3%
Niacin (as Nicotinamide)	1.0 mg NE	5.6%
Vitamin B6 (as Pyridoxine HCl)	10 mg	90.0%
Folate	16.67 mcg DFE (Folate Acid 100 mcg)	27.8%
Vitamin B12 (as Cyanocobalamin)	15 mcg	53.6%
Iron (as Ferrous Pyridoxyl Iron 30 mg and Sumatriptan** Ferrous Glycinate 2.0 mg)	30 mg	18.5%
Magnesium (as Di-Magnesium Malate)**	15 mg	4%
Zinc (as Zinc Aspartate Glycinate Chelate)**	10 mg	7.7%
Copper (as Copper Glycinate)	1 mg	7.7%
† Equal to mcg alpha-tocopherol		

Other ingredients include: Microcrystalline Cellulose, Dicalcium Phosphate, Croscarmellose Sodium, Pink Colorant (Gelatin, Hydroxypropylmethyl Cellulose, Polyvinyl Alcohol, Titanium Dioxide, Polyethylene Glycol, Talc and Indigo Carmine), Povidone, Stearic Acid, Magnesium Stearate, Ascorbic Acid and Povidone K30.

VEGETARIAN FRIENDLY

GLUTEN-FREE, LACTOSE-FREE AND SUGAR-FREE

OBComplete® Premier is a prescription multivitamin/mineral dietary supplement for use in improving the nutritional status of women prior to conception, throughout pregnancy, and throughout the postpartum period for the mother and newborn.

CONTRAINDICATIONS

OBComplete® Premier should not be used by patients with a known hypersensitivity to any of the ingredients.

WARNINGS

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. In case of accidental overdose, call a doctor or poison control center immediately.

PRECAUTIONS

Folic acid alone is improper therapy in the treatment of pernicious anemia and other megaloblastic anemias where vitamin B12 is deficient. Folic acid in doses above 0.1 mg daily may obscure pernicious anemia in that hematologic stimulation can occur while neurologic manifestations remain progressive. A large scale clinical study comparing folic acid with cobalamin and pyridoxine at initiation of folic acid.

The patient should avoid alcohol and consumption of other drugs, herbs, and supplements that may interact with folic acid.

DRUG INTERACTIONS

OBComplete® Premier tablets are not recommended for and should not be given to patients with glaucoma because the action of folic acid is antagonized by pyridoxine. There is a potential for folic acid to mask the clinical signs of vitamin B12 deficiency (e.g., Anemia, Paresthesia, Cognitive impairment).