

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule daily, or as directed by a healthcare practitioner.

Solgar® No. 7 is the next generation alternative after glucosamine that increases mobility, flexibility and range of motion in sensitive joints.* In this breakthrough formulation, No. 7 brings together bio-active nutrients that work to create a fast acting approach for occasional 'tweaks' and joint stresses brought on by exercise, sport or physical activity. With increased mobility and flexibility, Solgar® No. 7 can help you to pursue the activities you love and get back on track...fast. Feel the difference for yourself. Solgar® No. 7 shows improvement in joint comfort ...within 7 DAYS.^{1*}

¹Based on two human studies with 5-LOXIN Advanced® where subjects rated their joint health over time, subjects' joint health improved within 7 days and continued to improve throughout the duration of the studies.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by: Solgar, Inc.
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No. 7

SOLGAR®

Joint Support & Comfort*

Increased Flexibility*

Increased Mobility*

Shows Improvement in Joint Comfort
within 7 days^{1*}

Feel The Difference
Next Generation After Glucosamine
Once Daily

60 VEGETABLE CAPSULES

DIETARY SUPPLEMENT



Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving	%DV
Vitamin C (as Ester-C®, calcium ascorbate)	100 mg 111%
5-Loxin Advanced® (<i>Boswellia serrata</i> Extract [resin])	100 mg **
Turmeric Root 4:1 Extract (<i>Curcuma longa</i>) (equivalent to 200 mg of root)	50 mg **
UC-II® Standardized Cartilage	40 mg **
Total Collagen	10 mg **

Amount Per Serving	%DV
Willow Bark 5:1 Extract (<i>Salix</i> spp. [bark]) (equivalent to 175 mg of bark)	35 mg **
Ginger Root 4:1 Extract (<i>Zingiber officinale</i>) (equivalent to 140 mg of root)	35 mg **
Pepper Spice Complex Cayenne Powder (<i>Capsicum annuum</i> [fruit]), BioPerine® (Black Pepper Extract) (<i>Piper nigrum</i> [fruit])	27 mg **
**Daily Value (DV) not established	

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate, Silica.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Avoid this product if you are allergic to aspirin. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

5-LOXIN ADVANCED® is a registered trademark of PL Thomas-Laila Nutra, LLC
U.S. Patent #8,551,496 and patents pending.

Ester-C® is a registered trademark of The Ester C Company.

UC-II® is a registered trademark of InterHealth N.I.
BioPerine® is a registered trademark of Sabinsa Corporation