

Vitamins are important to all metabolic functions in the body\*. This formula provides a high potency complex of essential vitamins including Vitamins A, C, D3, E.

Nature's Answer,\* bringing our customers high-quality products for vital, healthy lifestyles since 1972.

**WARNING: Keep Out of Reach of Children.** Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Quik-Sorb® is a registered trademark of Bio-Botanica® Inc.  
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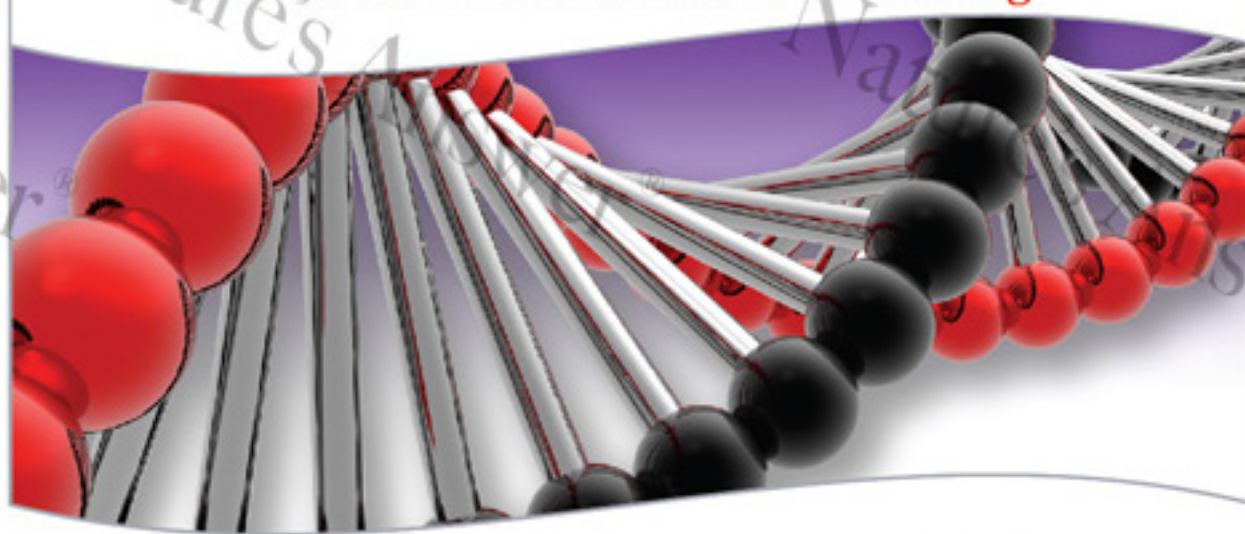
NATURE'S ANSWER

Since 1972

# LIQUID MULTIPLE VITAMINS

## DIETARY SUPPLEMENT

Promotes Overall Health & Wellbeing\*



DIETARY SUPPLEMENT

16 FLUID OZ | 480 ML

## Supplement Facts

Serving Size 1 Tablespoon (15 mL)

Servings Per Container 32

| Amount Per Serving                                                               |           | % Daily Value |
|----------------------------------------------------------------------------------|-----------|---------------|
| Calories                                                                         | 25        |               |
| Total Carbohydrate                                                               | 6 g       | 2%*           |
| Total Sugars                                                                     | 1 g       | †             |
| Includes 1 g Added Sugars                                                        |           | 2%            |
| Vitamin A (as retinyl palmitate & natural mixed carotenoids)                     | 3,150 mcg | 350%          |
| Vitamin C (as Ascorbic Acid)                                                     | 300 mg    | 333%          |
| Vitamin D3 (as Cholecalciferol)                                                  | 10 mcg    | 50%           |
| Natural Vitamin E (as D-Alpha-Tocopherol)                                        | 40 mg     | 268%          |
| Vitamin B1 (as Thiamine HCl)                                                     | 6 mg      | 500%          |
| Vitamin B2 (as Riboflavin)                                                       | 5 mg      | 385%          |
| Niacin (as Niacinamide)                                                          | 60 mg     | 375%          |
| Vitamin B6 (as Pyridoxine HCl)                                                   | 20 mg     | 1176%         |
| Folate (as Folic Acid)                                                           | 200 mcg   | 50%           |
| Vitamin B12 (as cyanocobalamin)                                                  | 100 mcg   | 4167%         |
| Biotin                                                                           | 300 mcg   | 1000%         |
| Pantothenic Acid (as D-Calcium Pantothenate)                                     | 30 mg     | 600%          |
| Choline (as Choline L-Bitartrate)                                                | 30 mg     | 5%            |
| Chromium (as Chromium Picolinate)                                                | 200 mcg   | 571%          |
| Inositol                                                                         | 50 mg     | †             |
| Citrus Bioflavonoids (Citrus limonum, Citrus sinensis, and Citrus paradisi Peel) | 50 mg     | †             |
| Grape (Vitis Vinifera) Seed Extract                                              | 10 mg     | †             |
| Aloe barbadensis Leaf Juice                                                      | 500 mcg   | †             |

\*Percent daily values are based on a 2,000 calorie diet  
†Daily Value not established.

**Suggested Use:** As a dietary supplement, take one (1) tablespoon (15 mL) daily with a meal. **Shake well before use. Refrigerate after opening.**

**Other Ingredients:** Purified Water, Vegetable Glycerin, Fructose, Xanthan Gum, Potassium Sorbate (preservative), Sunflower Lecithin, Tangerine Oil, Quik-Sorb® (ginger rhizome, amla fruit, capsicum fruit).  
Sourced from Lanolin^  
Contains Soy and Tree Nuts (Coconut).