



PURE VITAMIN C CRYSTALS

GLUTEN, WHEAT & DAIRY FREE

Non-GMO
SUITABLE FOR VEGANS

NET WT. 8.8 oz. (250 g)

DIETARY SUPPLEMENT



Solgar® Vitamin C Crystals provide pure, Vitamin C in a convenient dosage form. Vitamin C is a water-soluble nutrient with revered antioxidant and immune supportive properties. In addition to helping to fight free radicals, it also helps collagen (connective tissue) formation, which is important for healthy skin and joints.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
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Supplement Facts

Serving Size: ¼ Teaspoon (Approx. 1.25 g)

Servings Per Container: About 200

Amount Per Serving		%DV
Vitamin C	1,125 mg	1,250%

DV= Daily Value

Ingredient: L-Ascorbic Acid.

**FREE OF: Gluten, Wheat, Dairy,
Soy, Yeast, Sugar, Sodium, Artificial
Flavor, Sweetener, and Color.**

SUGGESTED USE: As a dietary supplement for adults, take one quarter (1/4) teaspoon daily, preferably with a meal or as directed by a healthcare practitioner. May be added to juice or sprinkled on food.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

Solgar's KOF-K certification #K-1250

