



POTASSIUM

NERVE & MUSCLE HEALTH*
PROMOTES
ELECTROLYTE BALANCE*

Non-GMO
GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS

250 TABLETS

DIETARY SUPPLEMENT



Potassium is an essential mineral needed by the body. It is found naturally in foods like green leafy vegetables, sunflower seeds, potatoes and bananas. It is vital for muscle activity. As an important electrolyte, it regulates nerve signals from the brain and spinal column to muscles, thus promoting healthy neuromuscular function. It also promotes proper fluid balance in the body and helps to attract nutrients into cells.*

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:
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14-10535X3S

Prod 2261

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV
Potassium 99 mg (as potassium gluconate)	2%

Other Ingredients: Dicalcium Phosphate, Microcrystalline Cellulose, Vegetable Stearic Acid, Silica, Vegetable Cellulose, Vegetable Magnesium Stearate.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

SUGGESTED USE: As a dietary supplement for adults, take one (1) tablet daily, preferably with a meal or as directed by a healthcare practitioner.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

