

The USDA has established that fiber is an essential part of a healthy diet, which can be accomplished by eating a variety of fruits, vegetables and whole grains every day. If you 'fall short' in your fiber intake, Nature's Answer® Liquid Fiber can help you meet your goal.

Nature's Answer® Liquid Fiber provides 14 grams of soluble fiber per serving in a delicious lemon-lime flavor that is pre-mixed for your convenience. You can take it as is, or add it to your favorite beverage without any mixing or stirring.

- Promotes regularity & digestive health*
- Supports healthy intestinal flora*
- Soluble Fiber promotes 'Feeling Full'
- Supports a Healthy Immune System*
- Instant and Easy-No Messy Mixing

Polydextrose is a low-calorie form of fiber that can help you feel full. It also supports the growth of friendly intestinal flora.*

FOS Inulin-(Fructo-Oligosaccharides) is a natural fiber extracted from agave that offers a delicious sweet flavor. FOS supports the growth of beneficial intestinal flora which promotes a healthy & efficient digestive system*



Manufactured by: Nature's Answer®
85 Commerce Drive Hauppauge, NY 11788 USA
For product information, call (800) 439-2324
www.naturesanswer.com
©2019 Nature's Answer®

27174 REV 0001



NATURE'S ANSWER

Since 1972

LIQUID FIBER

14 GRAMS OF SOLUBLE FIBER PER SERVING
Supports Digestive Health*



DIETARY SUPPLEMENT 16 FLUID OZ | 480 ML Natural Lemon-Lime Flavor

Supplement Facts

Serving Size: 2 tablespoons (30 mL)
Servings Per Container: 16

Amount Per Serving	% Daily Value	
Calories	35	
Total Carbohydrates	17 g	6%*
Dietary Fiber	14 g	56%
Total Sugars	1 g	†
Includes 0 g Added Sugars		
Proprietary Fiber Blend:	14 g (14,000 mg)	†
Polydextrose, Inulin FOS (Fructooligosaccharides) (from agave)		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other Ingredients: Purified Water, Acacia Gum, Maltodextrin, Natural Flavors, Potassium Sorbate (preservative), Citric Acid, Sodium Citrate.

Suggested Use: As a dietary supplement, take 1 oz (2 tablespoons) daily or as directed by a healthcare practitioner. Nature's Answer® Liquid Fiber can be taken "as is" or added to any food or beverage. Always consume adequate amounts of water throughout the day when taking fiber products.

Shake well before use. Refrigerate after opening.

"These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease."

Warning: Keep Out of Reach of Children. Do not use if safety seal is damaged or missing. If you are pregnant, nursing, taking any medications, planning any medical procedure or have a medical condition, consult with your healthcare practitioner before use.