



• Quantity:	120 Tablets
• Brand:	Spring Valley
• Item# (UPC):	07874245610

Advantages:

- Sleep Support.
- Melatonin with Vitamin B6 Promotes Normal Sleep Pattern.

Ingredients:

Serving Size: 1 Tablet. Amount Per Serving: Vitamin B6 10mg, Calcium 28mg, Melatonin 1mg.
Other Ingredients: Dibasic Calcium Phosphate, Cellulose, Pyridoxine Hydrochloride, Stearic Acid, Cellulose Gum, Silica, Magnesium Stearate.

Indications:

Directions:

Take one (1) tablet 20 minutes before bedtime.

Manufactured, Packaged or Distributed By:

Natrol, Inc. Chatsworth, CA 91311. Made in USA.

Warnings:

If you are under medical supervision or using any tranquilizers or sedatives seek the advice of your health practitioner prior to using. Consult your physician before using if you have an autoimmune condition, depressive disorder or are pregnant or lactating. Not for use by children under 12 years of age. Do not take when operating machinery or driving a vehicle.