

Health & longevity through the healing power of nature—that's what it means to Trust the Leaf.[®]



St. John's Wort Extract is standardized to 0.3% dianthrone measured as hypericin. This product provides the clinically researched dose for promoting a positive mood.*

Questions? Call 1-800-9NATURE or visit naturesway.com. Our St. John's Wort extract is carefully tested and produced to certified quality standards.

SATISFACTION GUARANTEED. Freshness & safety sealed with printed outer shrinkwrap and printed inner seal. Do not use if either seal is broken or missing. Keep out of reach of children.

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*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

PREMIUM

Nature's
Way

EXTRACT

St. John's Wort

Standardized



POSITIVE
MOOD*

90 Capsules / 0.3% Hypericin

DIETARY SUPPLEMENT

Recommendation: Take 1 capsule two to three times daily, preferably with food. Best results obtained with continuous use.

Caution: Do not use this product while taking any prescription drug without the advice of your prescribing physician. Avoid excessive exposure to UV radiation (e.g. sunlight, tanning) when using this product. Not recommended for use by pregnant or lactating women. Keep out of reach of children.

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 90

Amount Per Serving	% Daily Value
St. John's Wort extract (stem, leaf, flower) 0.3% ^A dianthrone measured as hypericin	300 mg **
Rosemary (leaf)	80 mg **
Spirulina (algae)	40 mg **

**Daily Value not established.

Other Ingredients: Gelatin (capsule), Cellulose, Magnesium stearate

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