

Niacin / Vitamin B3, is a water-soluble vitamin and is part of the B Complex. It is required for the metabolism of carbohydrates and protein into energy. Niacin also supports cardiovascular health, circulation and the health of the nervous system.\*

Solgar's KOF-K certification #K-1250

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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# NIACIN (VITAMIN B 3) 500 MG

CARDIOVASCULAR SUPPORT\*  
SUPPORTS ENERGY METABOLISM\*

Non-GMO

GLUTEN, WHEAT & DAIRY FREE  
SUITABLE FOR VEGANS



100 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving	%DV
Niacin (as nicotinic acid)	500 mg 3,125%

DV = Daily Value

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate.

**FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener and Color.**

**SUGGESTED USE:** As a dietary supplement for adults, take one (1) vegetable capsule daily, preferably with a meal or as directed by a healthcare practitioner. Do not take on an empty stomach. It is best to start nicotinic acid supplementation at a low strength, and gradually increase to meet your individual needs.

**NOTICE:** Consult your doctor before taking this product, or if you are switching niacin products. Nicotinic acid may cause a temporary skin flushing (hot feeling and skin redness), burning, itching, or rash. Sensitive individuals may experience unexpected drop of blood pressure or dizziness, especially if you have a history of low blood pressure or use antihypertensive medication. Do not take more than one capsule of this product per day, except under supervision of a physician. Not intended for use by pregnant or nursing women. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

