

Vitamin E is an essential nutrient and is the body's primary, fat-soluble antioxidant.* Vitamin E provides nutritional support for the immune system, and is an essential nutrient for many cells, including skin and heart muscle cells.* It helps fight cell-damaging free radicals.* Free radicals can cause oxidative stress in the body, which may contribute to the premature aging of cells. This formulation provides Vitamin E (as d-Alpha Tocopherol) and d-Gamma, d-Delta, and d-Beta Tocopherols. It is offered in plant oil-based, vegetarian softgels to support optimal absorption and assimilation.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for:
**Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.**

For more information, call toll-free
1-877-SOLGAR 4, www.solgar.com

©2019 Solgar, Inc.

Prod 3506

SOLGB78180 02D

14-03506X3S



VITAMIN E 134 MG (200 IU)

d-ALPHA TOCOPHEROL

PLUS

d-GAMMA TOCOPHEROL, d-DELTA TOCOPHEROL
and d-BETA TOCOPHEROL

GLUTEN, WHEAT & DAIRY FREE
SUITABLE FOR VEGANS

100 VEGETARIAN SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel

Amount Per Serving	%DV
--------------------	-----

Calories	5
----------	---

Vitamin E	134 mg	893%
(as d-Alpha Tocopherol)		

Mixed Tocopherols	13 mg	**
(providing d-Gamma, d-Delta and d-Beta Tocopherols)		

****Daily Value (DV) not established.**

Other Ingredients: Safflower Oil, Modified Starch (from corn), Vegetable Glycerin, Carrageenan, Disodium Phosphate, Medium Chain Triglycerides, Soy Lecithin.

Contains soy ingredients.

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetarian softgel one to two times daily, preferably with a meal, or as directed by a health-care practitioner.

FREE OF: Gluten, Wheat, Dairy, Yeast, Sugar, Artificial Flavor Sweetener and Color.

If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

PRODUCT OF JAPAN

