

A Tasty Blend of Raw Vegetables



- ✓ Non GMO
- ✓ Raw, Vegan
- ✓ Grain/Soy/Dairy-Free
- ✓ Freeze-Dried
- ✓ No Added Sugar
- ✓ No Fillers
- ✓ US Grown
- ✓ 100% Kosher

Eclectic's POWders (Plant Originated Wellness)

Simply whole, fresh freeze-dried plants.

We Start and End with Whole Herbs — From farm to bottle, we use naturopathic wisdom and innovative processes to create exceptional products. We organically grow or sustainably wildcraft herbs that are harvested at peak potency, and then freeze-dried in-house. Freeze-drying naturally concentrates by removing only the water, leaving the plants' nutrients in the same balance as found in nature.

Whole Food Nutrition — Micronized for easy assimilation, and containing all the natural goodness of the whole plant. No washing, no chopping, no cleaning required — just add to water, juice, or food.

2 tsp of freeze-dried powder = 32 tsp of fresh herbs/veg

- 1 Fill container with 8 oz water
- 2 Add 2 tsp of powder, shake well
- 3 Drink and enjoy 1-3 x per day

Can also be added to dips, hummus, yogurt or other foods. Drink extra water while consuming this product. This product is best stored tightly capped in the refrigerator after opening. Keep out of reach of children. Consult your health care advisor regarding the use of this product during pregnancy, with infants, or with prescription drugs.

eclectic
INSTITUTE - Since 1982

RAW Fresh Freeze-Dried VEGGIE 10 Whole Food POWder



120 g (4.2 oz) • Dietary Supplement

Concentrated **16X** through Freeze-Drying

Supplement Facts

30 servings per container

Serving Size 2 tsp (4 g)

Amount per serving

Calories 15

	% Daily Value*
Sodium 10mg	<1%
Total Carbohydrate 3g	1%
Dietary Fiber 1g	3%
Total Sugars 1g	
Includes 0 g Added Sugars	2%
Protein <1g	1%
Calcium 15mg	1%
Iron 1mg	6%
Potassium 190mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Raw, freeze-dried: organic tomato (*Lycopersicon esculentum*) 3000 mg, organic kale (*Brassica oleracea*) 200 mg, organic beet root & leaf (*Beta vulgaris*) 200 mg, organic celery stalk (*Apium graveolens*) 120 mg, organic carrot (*Daucus carota*) 120 mg, organic spinach leaf (*Spinacea oleracea*) 120 mg, organic parsley leaf (*Petroselinum crispum*) 80 mg, organic nettle leaf (*Urtica dioica*) 80 mg, organic endive leaf (*Chicorium endivia*) 40 mg, organic watercress (*Nasturtium officinalis*) 40 mg.

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Certified Organic by Oregon Tilth



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WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to: www.P65Warnings.ca.gov/food.